

## ***The Traveling Journals Project***

This collaborative project began in March 2020 after the alarming spread of the coronavirus put us in lockdown. Alisun Donovan, Cynthia Alicea, and Jill Oldenski, leaders of the Sunday Studio Workshops at UU St Pete, wanted to keep the creative juices flowing and keep the workshop participants connected. And thus “*Sunday Studio in a Time of Corona*” was born. The journal was passed to regular participants of the Sunday Studios and each person added a page or pages that expressed and documented their experience of the journal’s theme. Since then 6 more journals have been created - each with a particular theme to respond to. Participation has also grown and now includes a wider circle of UU members and friends, and families, and friends of friends and families and it continues to grow. As participation grows so does our sense of community and hope. If you would like to add your ideas, images, or reflections to this project please contact Cynthia Alicea at [mindfulmoves@gmail.com](mailto:mindfulmoves@gmail.com) for details.

### **1. *Sunday Studio in a Time of Corona***

This journal is bound and still has several pages to be completed. Contact Cynthia if you’d like to add to this one.

### **2. *CORONACOASTER***

Create pages no larger than 7X7. Holes will be punched in the top of your page so it can be added to the journal. Mail completed pages to Cynthia.

### **3. *Quartine Fatigue***

This journal is bound and still has several pages to be completed. Contact Cynthia if you’d like to add to this one.

### **4. *Embracing Our Masks/Masking Our Fears***

Create pages no larger than 7X7. Holes will be punched on the left side of your page so it can be added to the journal.

### **5. *Different Kinds of Hard Volume 1 & 2***

Create pages for this journal using a piece of card stock (8.5 X 11). One side only as this page will be slipped into a plastic sleeve. (cutouts are okay but “building on” to the page probably won’t work)

### **6. *Planetary Pause - Planetary Promise***

For this journal you will receive a folded sheet of 400 lb. watercolor paper (18 X 24) that will give you 4 sides (each side 18 X 12) where you can respond.

### **7. *“Home” for the Holidays***

For this journal you will be given a 6 X 9 booklet card with 4 pages for you to create a most unusual holiday booklet card for this most unusual holiday season. You may also use your own materials as long as the finished piece is 6 X 9.

More detailed instructions are available for each journal and will be sent to you via email. Be sure to initial each page you create!

When it is safe to gather again there these journals will be on display.

*Create! and carry on...*