

SOUTH CAROLINIANS DESERVE DOULAS

South Carolina ranks 8th highest in pregnancy-related deaths. The maternal health crisis is real, but we have a solution: Improving Access to Doulas



THE VALUE OF DOULAS

Removes barriers to prenatal and postpartum care

Reduces the likelihood of C-sections by 52.9%

Provides emotional, physical, and advocacy support

Support during prenatal and postpartum visits

Boosts breastfeeding success and duration

Lowers the risk of postpartum depression by 57.5%

Improves maternal and infant survival rates

WHAT IS A DOULA?

Community-based doulas are trained, **non-medical** professionals, that provide emotional, physical, and advocacy support **before, during, and after birth.** They ensure people receive compassionate, evidence-based care in a system that too often fails them.

SUPPORT SOUTH CAROLINIANS. FUND DOULA CARE. SAVE LIVES.

The Problem: Maternal and infant health complications cost the U.S. **\$32.3 billion over five years.**

The Solution: Doula care could prevent unnecessary C-sections and preterm births, saving over **\$2 billion each year.**

22 states and Washington, D.C. already cover doula services through insurance providers and payers. **Why not us?**

IMPACT OF DOULAS

“Being a community doula is a profound privilege that allows me to empower birthing people and uplift my community, one birth at a time. I love fostering an environment of support and information, enabling individuals to trust themselves and their bodies during this transformative experience. **Together, we can create positive change that resonates through generations,** reminding us that while doctors are experts in medicine, you are the true expert on your own body.”

Spartanburg County

“My doula was there from the moment I stepped into the hospital. **She kept me calm during my C-section, never left my side,** and gave me confidence when I had none.”
Orangeburg County

“At first, I wasn’t sure about opening up to a stranger in my most vulnerable moments. But **my doula made me believe in myself.** I went natural, just like I wanted.”
Bamberg County

“My doula was amazing! She was very reliable, and even **educated me on so many things I didn’t know about as far as birth facts and resources.** My overall experience would not have gone as smoothly if I didn’t have my doula.”
Dorchester County

The South Carolina Doula Steering Committee fights for policies that support doulas and families. **It’s time for South Carolina to support doula services.**

www.scdoulasteeringcommittee.org

