



Oregon Pediatric Society

A Chapter of the American Academy of Pediatrics. Incorporated in Oregon

The Oregon Pediatric Society is heartbroken by the shooting at Silver Rail Elementary School in Bend. Children everywhere may have questions and big feelings in the coming days. In times like this, pediatric providers often become a steady source of support for children and families.

Below is a list of resources to help providers and the families they serve through this hard time. We invite you to use and share them as needed.

AAP HealthyChildren.org Parenting Resources

- **Talking to Children About Tragedies and Other News Events**
- **AAP Tips on Talking to a Child After a Disaster**
- **How to Support Your Child's Resilience in a Time of Crisis**
- **Childhood Exposure to Violence**

AAP Patient Care Tools and Resources

- **Disasters and Children**
- **Helping Children Cope and Adjust After a Disaster**
- **Gun Safety and Injury Prevention**
- **Trauma Informed Care**

National Child Traumatic Stress Network Resource Pages

- **Parent's Guide to Helping Young Children After a Shooting**
- **Age Related Responses to Trauma**
- **Assisting Parents and Caregivers in Coping with Collective Traumas**
- **Coping After Mass Violence**

Additional Resources

- **Supporting Children After School Shootings**, National Library of Medicine
- **How to Help Children Cope with a Gun Violence Tragedy**, Sandy Hook Promise
- **Talking to Children about Tragedies in the News**, National Center for School Crisis and Bereavement