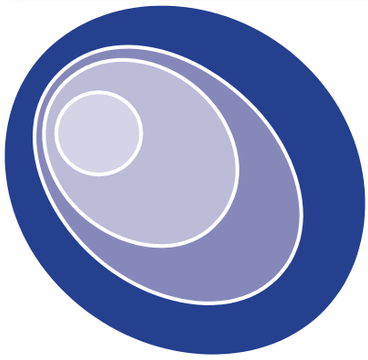
Systems-Centered® Training Workshops

An Innovative Approach to Resolving Conflicts in the Context of Change



22-23 & 24-25 January 2019

Stockholm, Sweden

Susan P. Gantt, Ph.D.

with Erika Ekedal and Sven-Erik Viskari

For Clinicians, Consultants, Leaders, Educators and Curious People

Systems-Centered Training (SCT®) introduces:

Functional Subgrouping: Resolving conflicts and building a system that uses differences as resources for work

The human challenge is how to integrate differences rather than avoid, stereotype, convert or scapegoat them. Functional subgrouping introduces a method for containing the two sides of every conflict so that the differences can be explored and integrated. Differences then become resources rather than problems.

Communications That Work: Taking out the noise

Every communication contains both information and noise. The more noise in the communication, the less the message comes across. SCT teaches skills for filtering the noise out of talk so the message gets delivered.

From Person-Centered to Systems-Centered: Not taking things just personally

Personal habitual roles hijack us to past conflicts. Functional roles enable us to live in the present. In the present, we can contribute to the systems that matter to us. Supporting the systems goals increases our personal satisfaction and decreases the anguish that comes from personalizing.

Building a Systems-Centered Group
A two day experiential workshop, 22-23 January 2019

Workshop Design

This workshop offers two levels of training: Foundation Level and Intermediate-Advanced Level. Both groups will work separately as well as have opportunities to observe each other.

The Foundation Group

For members new to SCT and those wanting to develop their SCT skills in building a systems-centered group. Members will learn:

- functional subgrouping as a method of conflict resolution
- how to modify the restraining forces that inhibit change
- the "fork-in-the-road" of choice between explaining conflicts and exploring them
- to manage and weaken the familiar "one-up, one-down" role relationships
- how to work in a systems-centered group on reactions to authority

The Intermediate-Advanced Group

With endorsement from their training group leaders or system mentors, members will work in an SCT group to explore the dynamics in each of the phases of system development. Members will learn:

- the conflicts in each of the phases of system development
- their own role responses in each phase
- the challenges of moving from person to member in each phase of system development

If you need assistance in determining whether the Intermediate-Advanced group is a good training context for your work, contact ***Sven-Erik Viskari*** *at +46 (0)70 575 12 54 or sven-erik.viskari@telia.com*

Functional Role-Taking: Coping in Times of Uncertainty
A two day experiential workshop, 24-25 January 2019

Developing a systems-centered perspective enables a shift from taking one's work or organizational roles "just personally" to taking one's membership functionally in support of the goals of the context. Members will learn:

- to discriminate between one's work role in an organization and the ongoing suction to personal roles
- to apply systems-centered thinking to locate oneself in one's role in relation to the goal and the context of the organization
- to weaken the blocks to role flexibility in times of uncertainty

PRICES:
Until Dec 1st: 4800 SEK+VAT per two day workshop
After Dec 1st: 5200 SEK+VAT per two day workshop
Both workshops = 10% discount
Members of Svenska SCT-föreningen = 5% discount

To the price is added 25% VAT for organizations and private practices in Sweden.

Those who do not have the opportunity to pay through an organization or private practice may contact us at sctforeningen@gmail.com for negotiation of price.

Organizations and private practices in other countries inside EU pay VAT to the tax authorities in their own countries (reverse charge).

No VAT is added for organizations and private practices outside EU.

The workshops will be held in English.

QUESTIONS:
For more information about the workshops, contact Erika Ekedal at sctforeningen@gmail.com or +46(0)70 7495516.

For more information on Systems-Centered Training, visit the SCTRI website www.systemscentered.com and the Swedish SCT Associations website www.sctforeningen.se

REGISTRATION: www.sctforeningen.se/anm-jan-2019 (in Swedish) or www.sctforeningen.se/reg-jan-2019 (in English)

Susan P. Gantt, Ph.D., ABPP, CGP, is a psychologist in private practice in Atlanta and Emerita faculty at Emory University School of Medicine, Psychiatry department, where she taught and coordinated group psychotherapy training for 29 years. She is the Chair of the Systems-Centered Training and Research Institute. She trains, supervises and consults in the practice of SCT in the USA and Europe and leads ongoing training groups in Atlanta, San Francisco and Amsterdam. She co-authored the texts *Autobiography of a Theory*, *SCT in Action* and *SCT in Clinical Practice* with Yvonne Agazarian.

Sven-Erik Viskari is a licensed psychologist and psychotherapist. Today his professional life is a mix of clinical and organizational development work. He is s licensed Systems-Centered Practitioner since 2007, runs regular SCT training-groups in Sweden, and is a board member of the Swedish SCT Association. He has previously served many years on the international Board of Systems-Centered Training and Research Institute.

Erika Ekedal is a licensed psychologist working as a councellor and consultant with individuals, groups and organizations. Her experience includes teaching Leadership and Organizational Development at Karolinska Institutet. She is a licensed Systems-Centered Practitioner since 2007, runs regular SCT training-groups in Sweden and is chairperson of the Swedish SCT Association.

Sponsored by the Swedish SCT Association (Svenska SCT-föreningen)

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