



9–13

September 2019

## Systems-centered training week A practical approach to change

With Fran Carter, Rowena Davis, Susan Gantt,  
Ray Haddock, Juliet Koprowska, Annie MacIver and Mike Maher.

**Systems-centered®  
(SCT®) training  
introduces an innovative  
approach to change  
that can be applied to  
work with individuals,  
couples, groups and  
organisations.**

This training provides theoretical understanding, skills practice and experiential group work using SCT's functional subgrouping. SCT is based on Yvonne Agazarian's Theory of Living Human Systems.



The annual training week in York is well-established and offers six parallel courses to meet participants' developing requirements. Two courses are open to all, and four depend on prior SCT experience and training. Choose one only.

### Foundations of Systems-Centered Training

Led by Mike Maher

- Understand the basic theory of SCT and how it can be applied.
- Discover more about the impact that others have on you, and the influence you have on others.

This training is for those new to SCT as well as those with previous SCT experience. You will learn foundational SCT theory and methods through skills training and the experience of working in a real-life group over the course of the week. This training is primarily experiential and can be challenging.

### Making Work Roles Work (for us and our organisations)

Led by Susan Gantt

- Understand how to use SCT as we work as a team member.
- Explore how to use SCT to view our work contexts.

This experiential workshop is for those new to SCT as well as those with previous training wanting to apply their skills and explore their challenges in work roles. The content and experience of this workshop change every time, so if you've been before, you'll still have a new experience.

### Intermediate Trainings

**Apply** to the trainer before **registering** for these courses.

#### ■ Intermediate Skills and Advanced Intermediate Skills

(starting Sunday afternoon, 8 September at 2.00) Led by Ray Haddock

**Intermediate Skills:** The first step in intermediate training, learning how to apply the SCT skills protocols with others.

**Advanced Intermediate Skills:** Requires previous Intermediate Skills workshop and focuses on deepening understanding and use of the protocols.

Before registering, contact Ray Haddock [rayhad@doctors.org.uk](mailto:rayhad@doctors.org.uk) to discuss criteria. Applications due by **8 July 2019**.

#### ■ Intermediate Leadership Development and Mentor Training

(starting Sunday 8 September at 9.00) Led by Fran Carter and Annie MacIver

See and understand what is happening in a system: collect data from the communication pattern (SAVI) and driving and restraining forces in relation to the system goals, look at the phase of development and explore which restraining force to weaken to support survival, development and transformation in context. Builds on learning from Intermediate Skills Training.

Before registering, contact [Fran Carter carter2229@aol.com](mailto:Fran Carter carter2229@aol.com) to discuss criteria. Applications due by **8 July 2019**.

#### ■ Container Training (Starting Sunday afternoon, 8 September at 2.00)

Led by Rowena Davis and Juliet Koprowska

Work as containers to contribute to the group development within the Making Work Roles Work workshop by learning to watch the group and use data from yourselves as information about the system and its phase of development.

Before registering, contact Rowena Davis [rdavis@rdaconsulting](mailto:rdavis@rdaconsulting) to discuss criteria. Applications due by **8 July 2019**.



### Fees

Book by 31 July and receive a discount. Members of SCTRI (not national SCT organisations) pay a reduced fee.

Course	Early bird Book by 31 July		Book 1 August to 2 September	
	SCTRI members	Others	SCTRI members	Others
Foundations of SCT				
Making Work Roles Work	£560	£600	£615	£660
Intermediate Skills, Advanced Skills and Container Training	£585	£625	£640	£685
Intermediate Leadership Development and Mentor Training	£610	£650	£665	£710

### Dates and venues 9–13 September 2019

All Intermediate Trainings start on 8 September

SCHEDULE FOR ALL TRAINING TRACKS Monday 9 September to Friday 13 September		
Registration and Welcome Monday 8.30–9.00	Monday-Thursday 9.00–5.30	Friday 9.00–1.15
Venue		

University of York, King's Manor, Exhibition Square, York, YO1 7EP		
Sunday 8 September 2.00–5.00 <b>INTERMEDIATE SKILLS, ADVANCED INTERMEDIATE SKILLS AND CONTAINER TRAINING</b>		
Sunday 8 September 9.00–5.00 <b>INTERMEDIATE LEADERSHIP DEVELOPMENT AND MENTOR TRAINING</b>		
Venue		
York Medical Society, 23 Stonegate, York, YO1 8AW		

### Contact

For more information and to find out how to register and pay, <http://bit.ly/SCTYork2019>

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**Susan Gantt**  
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