# YOUNG WOMEN LEAD

### WHAT IS IT?

Young Women Lead is leadership programme ran by YWCA Scotland for women and non-binary people aged 16 – 30. This programme provides young people with a unique and exciting safe space to share their experiences and work together to create real tangible change. Working in different local authority areas across Scotland, we focus on providing free training opportunities and engaging with local democracy through facilitating a group project tackling a local issue.







YOUNG WOMEN

EAD

### WHAT DOES IT INVOLVE?

This 6-month programme is split into six stages:

- Stage 1: Induction and getting to know each other in one full day meeting
- Stage 2: Training split into two 2-hour meetings
- Stage 3: Planning your group project in one full day meeting
- Stage 4: Time for your group project work split into two 2-hour meetings
- Stage 5: Engagement with local experts to support your group project split into two 2-hour meetings
- Stage 6: Project plan completion and programme graduation.

## WHAT DO YOUNG WOMEN GET OUT OF IT?

- Creating a new community of young women from their local authority area
- Leadership, confidence, social media, teamwork, public speaking, writing, research are just some of the skills they will have the chance to develop
- The team at YWCA Scotland is always on hand to offer support and advice when it comes to applying for jobs and volunteering positions
- They can become part of a network of all previous participants.

#### **UPCOMING PROGRAMMES**

- March 2022 August 2022: Renfrewshire and Inverclyde
- May 2022 October 2022: Fife
- November 2022 April 2023: Highland

### FOR MORE INFORMATION











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