

DANCE ETC. COMPETITION TEAMS

Team Requirements 2022-2023

We are switching things up this year - Summer classes are being used as our technique intensive, and our camp at the end of the summer will be focused on mainly learning choreography.

Acro Teams

1A

Summer (weekly) <i>Attend 3 of 4 weeks</i>	Tumbling	Technique
	1 Class	all available classes in level

Choreography Camp	Technique	Rehearsal
	TBD	3 Classes

Fall (weekly)	Tumbling	Technique/Ballet	Rehearsal
	1 Class	1 Class	1 Class

2A & 3A

Summer (weekly) <i>Attend 3 of 4 weeks</i>	Tumbling	Technique
	1 Class	all available classes in level**

**If dancer is ONLY on acro team, they do not need to attend Tap, Hip Hop, or a second Ballet/PBT class.

Choreography Camp	Technique	Rehearsal
	TBD	2-3 Classes

Fall (weekly)	Ballet Tech	Tumbling	2A/3A Acro Tech	Stretch/Conditioning	Rehearsal	Leaps and Turns
	1 Class	1 Class	1 Class	1 Class	1 Class	Recommended

4A

Summer (weekly) <i>Attend 3 of 4 weeks</i>	4A Acro Tech	Technique
	1 Class	all available classes in level

Choreography Camp	Technique	Kelli Barton Workshop	Rehearsal
	TBD	Required	3 Classes

Fall (weekly)	Ballet Tech	4A Acro Tech	Conditioning	Stretching	Leaps & Turns	Tuck/Adv Tumbling	Rehearsal
	1 Class	1 Class	1 Class	1 Class	Recommended	Recommended	1 Class

DE Alumni Kelli Barton Schneider is coming in at the end of the summer for a series of workshops. Kelli has a degree in Physical Therapy and focuses on helping dancers, especially those with hyper mobility. We are excited to offer these classes to our dancers, and some dancers will be required to attend.

Ballet Teams

5B

Summer (weekly) <i>Attend 3 of 4 weeks</i>	Technique				
	all available classes in level				
Choreography Camp	Technique	Rehearsal			
	TBD	3 Classes			
Fall (weekly)	Ballet Tech	Leaps & Turns	Stretch/Conditioning	Style	Rehearsal
	2 Classes	1 Class	1 Class	Recommended	1 Class

6B & 7B

Summer (weekly) <i>Attend 3 of 4 weeks</i>	Technique				
	all available classes in level				
Choreography Camp	Technique	Kelli Barton Workshop	Rehearsal		
	TBD	Required	3 Classes		
Fall (weekly)	Ballet Tech	Leaps & Turns	Stretching	Conditioning	Rehearsal
	2 Classes	1 Class	1 Class	1 Class	1 Class

Hip-Hop Teams

8H

Summer (weekly)
Attend 3 of 4 weeks

Technique
all available classes in level**

**If dancer is ONLY on Hip Hop team, they do not need to attend Ballet, leaps and turns, or tap.

Choreography Camp

Technique	Rehearsal
TBD	3 Classes

Fall (weekly)

Technique	Rehearsal
1 Class	1 Class

9H

Summer (weekly)
Attend 3 of 4 weeks

Technique
all available classes in level**

**If dancer is ONLY on Hip Hop team, they do not need to attend Ballet, leaps and turns, or tap.

Choreography Camp

Technique	Rehearsal
TBD	3 Classes

Fall (weekly)

Hip Hop Tech	Stretch/Conditioning	Rehearsal
1 Class	1 Class	1 Class

10H & 11H

Summer (weekly)
Attend 3 of 4 weeks

Technique
all available classes in level**

**If dancer is ONLY on Hip Hop team, they do not need to attend Ballet, leaps and turns, or tap.

Choreography Camp

Technique	Rehearsal
TBD	3 Classes

Fall (weekly)

Hip Hop Tech	Stretch/Conditioning	Style	Rehearsal
1 Class	1 Class	1 Class	1 Class

12H

Summer (weekly)
Attend 3 of 4 weeks

Technique
all available classes in level**

**If dancer is ONLY on Hip Hop team, they do not need to attend Ballet, leaps and turns, or tap.

Choreography Camp

Technique	Kelli Barton Workshop	Rehearsal
TBD	Required	3 Classes

Fall (weekly)

Hip Hop Tech	Conditioning	Stretching	Style	Rehearsal
1 Class	1 Class	1 Class	1 Class	1 Class

Jazz Teams

13J & 14J

Summer (weekly) <i>Attend 3 of 4 weeks</i>	Technique
	all available classes in level

Choreography Camp	Technique	Rehearsal
	TBD	3 Classes

Fall (weekly)	Ballet Tech	Leaps & Turns	Stretch/Conditioning	Style	Rehearsal
	1 Class	1 Class	1 Class	1 Class	1 Class

15J

Summer (weekly) <i>Attend 3 of 4 weeks</i>	Technique
	all available classes in level

Choreography Camp	Technique	Rehearsal
	TBD	3 Classes

Fall (weekly)	Ballet Tech	Leaps & Turns	Stretch/Conditioning	Style	Rehearsal
	1 Class	1 Class	1 Class	1 Class	1 Class

16J & 17J

Summer (weekly) <i>Attend 3 of 4 weeks</i>	Technique
	all available classes in level

Choreography Camp	Technique	Rehearsal
	TBD	2-3 Classes

Fall (weekly)	Ballet Tech	Leaps & Turns	Stretch/Conditioning	Style	Rehearsal
	2 Classes	1 Class	1 Class	1 Class	1 Class

18J, 19J, 20J, & 21J

Summer (weekly) <i>Attend 3 of 4 weeks</i>	Technique
	all available classes in level

Choreography Camp	Technique	Kelli Barton Workshop	Rehearsal
	TBD	Required	3 Classes

Fall (weekly)	Ballet Tech	Leaps & Turns	Style	Stretch/Conditioning	Rehearsal
	2 Classes	1 Class	1 Class	1 Class	1 Class

Lyrical/Contemporary Teams

22LC

Summer (weekly)
Attend 3 of 4 weeks

Technique
all available classes in level

Choreography Camp

Technique	Rehearsal
TBD	2-3 Classes

Fall (weekly)

Ballet Tech	Stretch/Conditioning	Leaps & Turns	Style	Rehearsal
1 Class	1 Class	1 Class	Recommended (Yellow style)	1 Class

23LC & 24LC

Summer (weekly)
Attend 3 of 4 weeks

Technique
all available classes in level

Choreography Camp

Technique	Rehearsal
TBD	2-3 Classes

Fall (weekly)

Ballet Tech	Style	Leaps & Turns	Stretch/Conditioning	Rehearsal
1 Class (2 recommended if you are in the Teal level)	1 Class	1 Class	1 Class	1 Class

25LC, 26LC, 27LC, 28LC

Summer (weekly)
Attend 3 of 4 weeks

Technique
all available classes in level

Choreography Camp

Technique	Kelli Barton Workshop	Rehearsal
TBD	Required	2-3 Classes

Fall (weekly)

Ballet Tech	Leaps & Turns	Style	Stretching	Conditioning	Rehearsal
2 Classes	1 Class	1 Class	1 Class	1 Class	1 Class

Musical Theatre Teams

29M

Summer (weekly) <i>Attend 3 of 4 weeks</i>	Technique			
	all available classes in level			
Choreography Camp	Technique	Rehearsal		
	TBD	3 Classes		
Fall (weekly)	Ballet Tech	Leaps & Turns	Stretch/Style	Rehearsal
	1 Class	1 Class	Recommended	1 Class

30M & 31M

Summer (weekly) <i>Attend 3 of 4 weeks</i>	Technique			
	all available classes in level			
Choreography Camp	Technique	Rehearsal		
	TBD	2-3 Classes		
Fall (weekly)	Ballet Tech	Leaps & Turns	Stretch/Conditioning	Rehearsal
	1 Class	1 Class	1 Class	1 Class

32M, 33M, 34M & 35M

Summer (weekly) <i>Attend 3 of 4 weeks</i>	Technique				
	all available classes in level				
Choreography Camp	Technique	Kelli Barton Workshop	Rehearsal		
	TBD	Required	2-3 Classes		
Fall (weekly)	Ballet Tech	Style	Leaps & Turns	Stretch/Conditioning	Rehearsal
	1 Class	1 Class	1 Class	1 Class	1 Class

Open Team

360

Summer (weekly) <i>Attend 3 of 4 weeks</i>	Technique		
	all available classes in level		
Choreography Camp	Rehearsal		
	3 Classes		
Fall (weekly)	Technique	Rehearsal	
	1 Class	1 Class	

Production

37P

Summer (weekly) <i>Attend 3 of 4 weeks</i>	Technique		
	all available classes in level		
Choreography Camp	Technique	Kelli Barton Workshop	Rehearsal
	TBD	Required	2-3 Classes
Fall (weekly)	Ballet	Any Technique	Rehearsal
	1 Class	2 Classes	1 Class

Tap Teams

38T

Summer (weekly) <i>Attend 3 of 4 weeks</i>	Technique		
	all available classes in level		
Choreography Camp	Technique	Rehearsal	
	TBD	2-3 Classes	
Fall (weekly)	Ballet Tech/Technique Class	Tap Tech/Rehearsal	
	1 Class	1 Class	

39T & 40T

Summer (weekly) <i>Attend 3 of 4 weeks</i>	Technique			
	all available classes in level			
Choreography Camp	Technique	Rehearsal		
	TBD	2-3 Classes		
Fall (weekly)	Ballet Tech	Style	Stretch/Conditioning	Rehearsal/Tap Tech
	1 Class	1 Class	1 Class	1 Class

41T, 42T & 43T

Summer (weekly) <i>Attend 3 of 4 weeks</i>	Technique				
	all available classes in level				
Choreography Camp	Technique	Kelli Barton Workshop	Rehearsal		
	TBD	Required	2-3 Classes		
Fall (weekly)	Ballet Tech	Style	Tap Tech	Conditioning	Rehearsal
	1 Class	1 Class	1 Class	1 Class	1 Class