



HSU Course Outline

Managing Challenging Behaviors

MCB2D

6 weeks

Description

This six weeks online course is designed to help offer Head Start staff a process for reflecting on their own practice, assessing difficult situations, and designing interventions through joint problem solving. This training will help Head Start staff understand their own behavior, their assumptions, and their relationships with children with challenging behaviors and with each other. Such an understanding reinforces the importance of teamwork, and provides the necessary foundation for developing strategies and using techniques that support children with challenging behaviors and their families.

Prerequisites

- Knowledge of the Head Start Performance Standards

Who Should Take This Course?

This course is designed for Head Start teaching teams and their immediate supervisors, family service workers, home visitors, managers, and other Head Start staff, as well as consultants.

Objectives

- ✓ Understand ways in which their own perceptions and experiences influence how they interact with children with challenging behaviors
- ✓ Understand how to develop a system for collecting data, and then using it to develop strategies that capitalize on children's strengths and needs
- ✓ Understand how to identify when and how to seek appropriate supports within the program and within the community in an effort to fully integrate children with challenging behaviors into their program
- ✓ Understand how continuing professional development offers strategies that supervisors can use to help staff apply new skills and extend their learning

Outline

Classroom Preventive Practices

Examining Our Attitudes about Challenging Behaviors
Understanding the Relationship between Challenging Behavior and Social Emotional Development
Building Positive Relationships
Designing the Physical Environments
Schedules, Routines, and Transitions
Planning Activities that Promotes Engagement
Giving Directions
Teaching Children Classroom Rules
Ongoing Monitoring and Positive Attention
Using Positive Feedback and Encouragement

Enhancing Emotional Literacy
Identifying Feelings in Self and Others
Controlling Anger and Impulse
Developing Problem Solving Skills

Individualized Intensive Interventions

Overview of Positive Behavior Support
Dimensions of Communication
Behavior Equation
Process of PBS, Building a Team
Introduction to Functional Assessment
Functional Assessment Observation
Conduction Observations, Data to Collect
Functional Assessment Interview
Hypothesis Development
Process of PBS Overview
Components of a Behavior Support Plan
Building the Plan: Preventive Strategies
Building the Plan: Teaching New Replacement Skills

Social Emotional Teaching Strategies

Identifying the Importance of Teaching Social Emotional Skills
Developing Friendship Skills

Responding to Challenging Behavior
Effective Teaming
Teaming Basics
Developing a Behavior Support Plan as a Team
Monitoring Outcomes
If Challenging Behavior Returns