

I recently talked to my good friend Laurie Dameron and learned about her Spaceship Earth project and video. I was intrigued because I have been a big fan of Buckminster Fuller, mainly due to his sustainable designs, for most of my life. I believe in the concept that we only have one earth and need to take care of it.

I started watching the Spaceship Earth video and had to stop frequently to take in information and follow up on the resources and referrals Laurie shared in her video. Before I watched this film, I thought I was doing my best to take care of the earth and recycle. After watching the film, I realized my family and I needed to step up our game on conservation and living in integrity with the earth and all the beings on the planet. My husband and I watched the movie, Dark Waters, which Laurie recommends in the movie. Afterwards, we went out and changed (and will recycle) all our pans. We actually had non-stick pans from pre-2013! We researched and purchased some more stainless steel pans and felt like we struck gold finding [Lodge](#) cast iron pans as well.

I really appreciate how Laurie shows what the impacts of each of our decisions are on the planet and to the animals in particular. I also love how she suggests that we ask ourselves, "What can I do?" That question has not left my mind since the end of the movie. I can't say enough about Laurie's beautiful voice and music and photography she shares in the film. This film literally engaged all my senses except smell and physical touch. It touched my heart and mind though. My priorities were transformed more than I thought they would be before watching the film all the way through.

Today after watching the film, I not only care about recycling but think about what I am doing with each object I purchase. My husband and I have started rejecting offers of plastic bags at take out restaurants. We're looking at how we can reuse items or repair them as per the video. My husband also had the opportunity to investigate helping his employer's sustainability work. He's donating time to that department and excited to see what they can do to make a difference. I'll continue to share links of the video and the Spaceship Earth project whenever I can.

Thank you Laurie for all you do and for sharing your video, Spaceship Earth with me. I really hope you continue your excellent, important work and can reach the kids every chance you get. Look forward to talking again.

Blessings,
Toria