

Selected CRC Highlight January 2019

Check out all the Try This® Tools newly updated in 2019! Created by The Hartford Institute for Geriatric Nursing, New York University, Rory Meyers College of Nursing about the care of older adults.

- **Assessing Etiology of Orthostatic Hypotension in Older Adults.** Orthostatic hypotension is common and may lead to falls, diminished function and decreased quality of life. Assessing for etiology may help identify reversible causes and expedite possible treatments. *Issue Number 33, Revised 2019.*
- **Assessing Nutrition in Older Adults.** The Mini-Nutritional Assessment Short-Form (MNA®-SF) is a screening tool used to identify older adults who are malnourished or at risk of malnutrition. *Issue Number 9, Revised 2019.*
- **Assessment of Fear of Falling in Older Adults.** The Falls Efficacy Scale-International (FES-I) is a short, easy to administer tool that measures the level of concern about falling during 16 social and physical activities inside and outside the home whether or not the person actually does the activity. *Issue Number 29, Revised 2019.*
- **Communication Difficulties: Assessment and Interventions in Hospitalized Older Adults with Dementia.** The combination of language deficits and other dementia-related impairments result in serious communication difficulties for older adults with dementia. Unfamiliar faces and routines and the effects of acute illness often exacerbate these difficulties. *Issue Number D7, Revised 2019.*
- **Confusion Assessment Method (CAM).** The CAM is a standardized evidence-based tool that enables non-psychiatrically trained clinicians to identify and recognize delirium quickly and accurately in both clinical and research settings. *Issue Number 13, Revised 2019.*
- **Eating and Issues in Older Adults with Dementia: Part I Assessment.** Provides the Edinburgh Feeding Evaluation in Dementia scale (EdFED). *Issue Number D11.1, Revised 2019.*
- **Eating and Issues in Older Adults with Dementia: Part II Intervention.** Provides general guidelines that can be person-centered to the individual's needs. *Issue Number D11.2, Revised 2019.*
- **Geriatric Depression Scale (GDS).** The GDS may be used with healthy, medically ill and mild to moderately cognitively impaired older adults. *Issue Number 4, Revised 2019.*
- **Mental Status Assessment of Older Adults: The Mini-Cog™** The Mini-Cog™ is a simple screening tool that is well accepted and takes up to only 3 minutes to administer. This tool can help to detect cognitive impairment during both routine visits and hospitalizations. *Issue Number 3, Revised 2019.*
- **Pain Assessment for Older Adults.** Identifying and measuring pain begins with a person's self-report. Simply worded questions and tools that are easily understood continue to be the most effective. *Issue Number 7, Revised 2019.*
- **Therapeutic Activity Kits.** Assessment and appropriate selection of activities is critical to avoid overstimulation or agitation. The items should reflect the person's preferences, cognitive capacity, and physical abilities. *Issue Number D4, Revised 2019.*