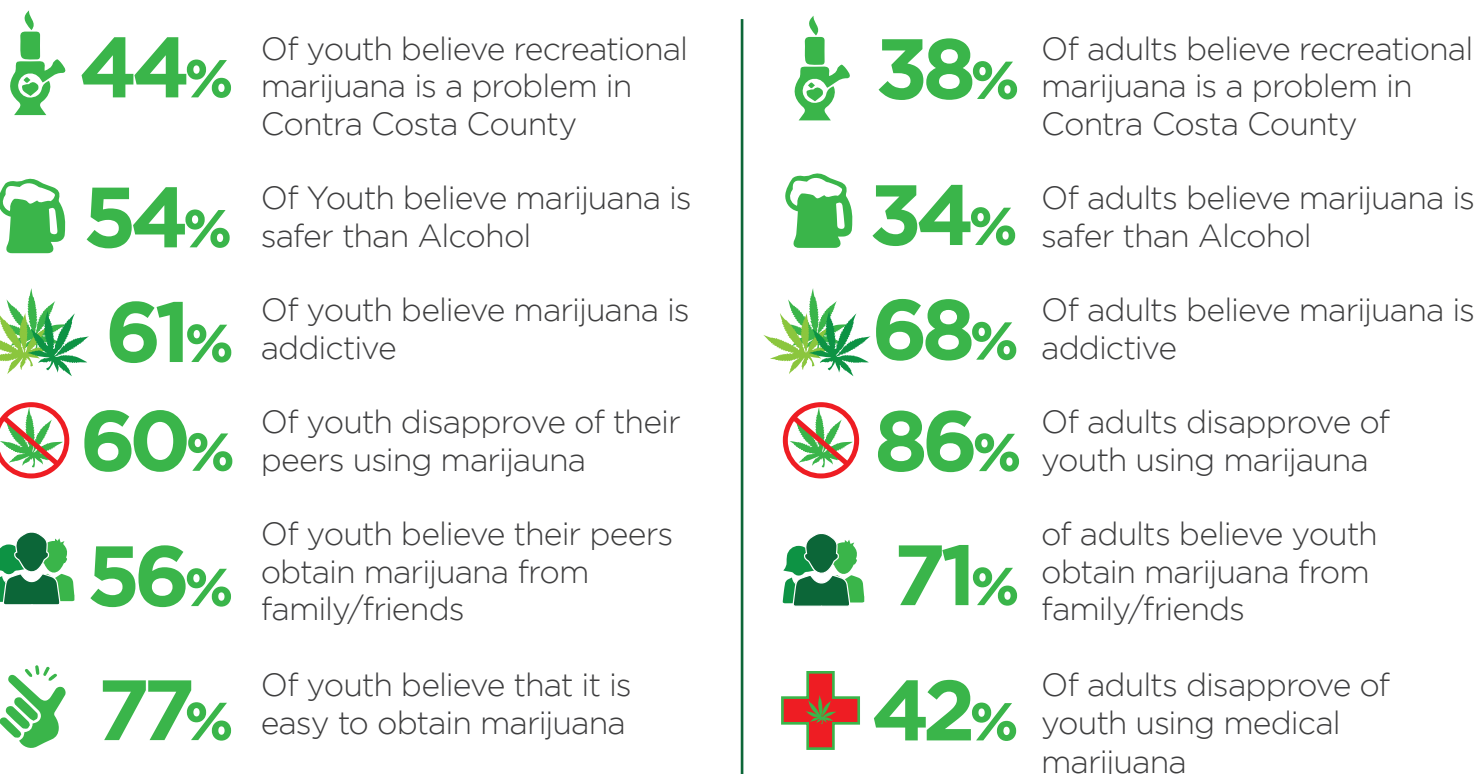




# PERCEPTION OF HARM IN CONTRA COSTA COUNTY YOUTH vs ADULTS



## FACTS YOU SHOULD KNOW ABOUT MARIJUANA

### YOUTH HARM FROM MARIJUANA USE



#### MENTAL HEALTH

Teens who smoked marijuana were 2 times more likely to develop anxiety or depression.



#### SCHOOL

Using Marijuana while in school lowers a teen's performance, and also increases the risk of students dropping out.



#### COMBINING WITH OTHER SUBSTANCES

Mixing marijuana with alcohol hides feelings of nausea, leading teens to drink too much. Mixing with nicotine increases risk of addiction and lung damage.



#### LUNG HEALTH

Even without nicotine, marijuana smoke contains carcinogenic hydrocarbons that will harm the lungs.

1 IN 6 TEENS WHO TRY MARIJUANA  
WILL BECOME ADDICTED



**8.8%**

THC  
POTENCY  
ON THE  
RISE

**3.4%**

**1993**

**2008**

"The Marijuana Prevention Action Team (MPAT) of Contra Costa County is a group of community based organizations combining their efforts to reduce youth access to marijuana and increase data collection on marijuana. The group composed a survey to gauge perceptions of marijuana and its harm amongst a portion of youth and adult populations within Contra Costa County. The results from this survey are not a representation of all of the residents of Contra Costa."