FRIDAY NIGHT LIVE™

2025-2026 COMMUNITY ALCOHOL SURVEY RESULTS

SCAN FOR FULL REPORT

The Community Alcohol Survey gathered information from adolescents between the ages of 13 and 20 years old in California about their knowledge and attitudes toward alcohol. The data was analyzed by an independent evaluator from the University of California, San Francisco.

2,360 Total Youth Surveyed

49 Counties Represented

RESPONDENTS' DEMOGRAPHICS

Racial Distribution:

Asian	13.0%	American Indian/ Alaskan Native	4.7%
Black/ African American	19.6%	White/ European	39.8%
Pacific Islander	1.6%	Prefer Not to Say/ Don't Know	12.4%
Middle Eastern or North African	2.0%	Other (Not listed)	6.9%

Ethnicity: Hispanic 24.6%

REASONS TEENS AVOID ALCOHOL

Respondents that Agreed and Strongy Agreed

- IT CAN BE BAD FOR MY HEALTH — 84%
- THERE ARE OTHER WAYS TO HAVE FUN BESIDES DRINKING ALCOHOL — 82%
- IT COULD HURT MY PERFORMANCE AS A STUDENT OR ATHLETE — 81%
- WANT TO MAKE MY OWN DECISIONS — 81%
- IT COULD HURT MY ELIGIBILITY FOR SPORTS OR OTHER ACTIVITIES — 78%

KNOWLEDGE

FEWER THAN ½ OF YOUTH...

had knowledge that Blood Alcohol Concentration (BAC)limits for drivers under 21 is 0. (43%)

were aware that alcohol affects teen brains differently than adults (47%)

knew the number of drinks involved in binge drinking* (33%)

*Consuming 4-5 drinks in a row in about 2 hours

More Than 7 out of 10 Youth FELT CONFIDENT THEY COULD AVOID SUBSTANCE USE AT A PARTY

ALCOHOL USE AMONG YOUTH

in the last 30 days

The Majority of Youth Did NOT Drink — 61%

Of those who reported drinking,

35% **Reported Binge Drinking***

Nearly 30% OF YOUTH HAVE RIDDEN WITH AN IMPAIRED DRIVER

UNDERAGE ALCOHOL ACCESS

Most common sources of alcohol reported by youth

1. Parties
2. Friends
3. Buy It From Someone/ Have Someone Buy It

65% **OF YOUTH AGREE** SOCIAL MEDIA INFLUENCES TEENS' USE OF ALCOHOL

California FRIDAY NIGHT LIVE PARTNERSHIP