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2024 YMCA MASTERS NATIONALS

YMCA of Metropolitan Dallas is heading to Florida to compete in the 2024 YMCA Masters National Championships! We invite all lap swimmers from the YMCAs in our association to join us for this event. Last year, YMCA of Metropolitan Dallas sent 11 masters to this meet. This year, we are hoping to bring a much larger team.

What is required of me to swim?

You must have an **active YMCA Membership** at one of the YMCAs of Metropolitan Dallas.

What is *not* required of me?

- **Qualifying times** – no qualifying times are required for this national meet. This meet welcomes masters of all ages and skill levels!
- **USMS Membership** – you do not need to be a USMS Master member to compete.

Meet Registration

Here is a link to the meet packet and meet registration: [2024 YMCA National Masters Meet](#). The deadline to register is **Thursday, April 25th at midnight**.

YMCA of Metropolitan Dallas Team Coach and Coordinator

The YMCA of Metropolitan Dallas will be sending Jacky Merianos, the head coach of our association's Masters team, to be the coach on deck and team coordinator for all of those swimming. She will be available to coach and support all of those attending as a member of the YMCA of Metropolitan Dallas team.

Team Hotel

There are many hotels in walking distance to the pool, though we recommend our masters check out the **Courtyard Fort Lauderdale Beach Hotel**: [Courtyard Fort Lauderdale Beach \(marriott.com\)](#). This hotel is directly across from the pool and one block from the beach.

Book your room soon, as this hotel sells out fast! It is a masters favorite as it is conveniently located and well-priced.



YMCA Mission: To put Christian values into practice through programs that build a healthy spirit, mind and body for all

Team Gear

Caps, shirts and suits will be available for purchase leading up to the meet. All are optional, but encouraged.

If you swim for another club team that is not the YMCA masters team, we welcome you to wear and represent your club! (Lone Star Masters, etc.).

Questions: If you have questions in regard to this meet, please contact Jacky Merianos at coachjackyswims@gmail.com.

**We hope to see you in sunny Ft. Lauderdale
this May!**

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