2025 ROCC Masters Short Course Invitational

This is a sprint meet which includes 25s, 50s, 100s of all four strokes. Plus 100 IM, 200 IM, 200 free, 200 pull, 100 kick with fins.

Sanctioned by North Texas for USMS, Inc. Sanction Number is pending.

Date: Saturday, September 20th, 2025

Location: Royal Oaks Country Club

Address: 7915 Greenville Ave, Dallas, TX 75231

Time:

Warmup: 1PM
Meet Starts: 2PM

Meet Director: Peron Jones

Meet Referee: Stephanie Minervini

<u>Eligibility:</u> Open to all USMS registered participants. Your USMS number will be collected and cross checked upon registration and check-in. Competitors must be 18 years of age on or before September 20th, 2025.

<u>Single Event Registration</u>: Any participant who is not a registered USMS member will have the opportunity to purchase a single event registration for an additional \$20. Participants must meet with the meet director upon arriving to the facility to ensure all proper paperwork and single registration is complete. This must be done before the athlete enters the pool for warmup.

A single event registrant may not represent any club and must be listed as "OEVT" for their club designation on the heat sheet and in the results. Times shall not be considered for Top 10 tabulation and USMS or World Records, All American status, or any other USMS special award.

Meet Rules: The 2025 USMS rules will govern the conduct of the meet.

<u>Facility:</u> ROCC is a 6 lane, 25-yard outdoor short course pool. Lanes 1-4 will be used for Sanctioned USMS competition. Lanes 5 & 6 will be open during the duration of the meet for warmup and cool down. Space will be available on the pool deck for swimmer seating and spectating. Access to bathrooms and locker rooms will be available onsite for all athletes and spectators.

Pool Length: The pool will be set up in Short Course Yards. The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1.

<u>Timing:</u> Hand timing, two timers per lane. Final times will be averaged. Guests and times from this competition will be eligible for USMS Top 10 consideration, but not for world or USMS records. See Article 202.1.1A4c and Article 103.18.9.

Age and Age Groups: Athlete age at the meet is determined by their age on Saturday, September 20th 2025. Age groups for all individual events are as follows: 18-24,25-29,30-34,35-39,40-44,45-49,50-54,55-59,60-64,65-69,70-74, 75-79, etc.

<u>Meet Registration</u>: Swimmers may enter in up to 6 USMS Sanctioned events. Non-sanctioned events – the 200 pull and 100 kick - are not included in this limit. Online registration will be open through *Friday, September 19th at 6PM*. Please register through our registration form here <u>2025 ROCC Masters Short Course Invitational: Registration</u>. We will accept day of registrations and deck entries the morning of the meet.

<u>Meet Entry Fee</u>: The cost is \$30 and will be collected upon check-in. Entry fees are to be paid by either Venmo, cash or check. Check and Venmo details will be available at our check-in table. In addition to your entry fee, all masters must bring a signed copy of their **USMS participant** wavier and release of liability, assumption of risk and indemnity agreement. You may find that waiver <u>here</u>. Blank forms will be available at our check-in table case anyone forgets to bring them.

For those purchasing a single event registration, you must pay both your meet entry fee and the single event registration fee - \$50 total.

Non-Sanctioned Events: Note that the 200 pull and 100 kick with fins require participants bringing their own equipment.

Heat Sheets: Printed copies of the heat sheet will be available at the meet.

<u>Information:</u> For further meet information, contact Peron Jones by text or cell at 214-274-0078

ORDER OF EVENTS

Swimmers may enter in up to 6 USMS-Sanctioned events.

Event #	Gender	Event (yards)
1	Women	200 Freestyle
2	Men	200 Freestyle
3	Women	100 Backstroke
4	Men	100 Backstroke
5	Women	50 Butterfly
6	Men	50 Butterfly
7	Women	25 Breaststroke
8	Men	25 Breaststroke
9	Women	100 Freestyle
10	Men	100 Freestyle
11	Women	50 Backstroke
12	Men	50 Backstroke
13	Women	25 Butterfly
14	Men	25 Butterfly
15	Women	200 IM
16	Men	200 IM
17	Women	100 Breaststroke

^{*}Events 23, 24, 33 and 34 are exhibition events and are for FUN! Please note: you must bring your own equipment for these events

^{**}Breaks may be added into the meet at the discretion of the Meet Director and/or Head Official.

ORDER OF EVENTS, CONTINUED

Swimmers may enter in up to 6 USMS-Sanctioned events.

Event #	Gender	Event (yards)
18	Men	100 Breaststroke
19	Women	50 Freestyle
20	Men	50 Freestyle
21	Women	25 Backstroke
22	Men	25 Backstroke
23	Women	200 Pull*
24	Men	200 Pull*
25	Women	100 Butterfly
26	Men	100 Butterfly
27	Women	50 Breaststroke
28	Men	50 Breaststroke
29	Women	25 Freestyle
30	Men	25 Freestyle
31	Women	100 IM
32	Men	100 IM
33	Women	100 Kick with fins*
34	Men	100 Kick with fins*

^{*}Events 23, 24, 33 and 34 are exhibition events and are for FUN! Please note: you must bring your own equipment for these events

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