

# RED PINE CAMP

## 2022 CAMPER GUIDE



We are excited to welcome our campers back to Golden Lake! Our staff and volunteers have been planning for 12 months and the Staff of 2022 have turned all plans into reality.

The information in this “Camper Guide” should answer all of the questions you have about what RPC will be like this summer.

You will find information about:

- ★ Arrival Day
- ★ Meals
- ★ Junior Program
- ★ Extras to Bring to Camp
- ★ Waterfront
- ★ Tuck
- ★ Health and Safety
- ★ and so much more...



If you have questions that have been unanswered here, please connect with us.

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**618 Island View Dr. Golden Lake ON K0J1X0    613-625-2355**

We are prepared for another incredible summer under the pines and can't wait to welcome you soon!

## ARRIVAL DAY

**Screening:** Before you leave for camp in the morning you will be required to complete the online screening (link found below). One adult per family is required to complete the screening on behalf of the family.

**[RPC Online Screening Click Here](#)**

If you are bringing any guests with you who are not immediate family they must complete this screening tool independently. Send your booking ID and cabin information to the person completing the screening. If a family member and/or any individual included on your booking is arriving on another day they will need to complete this form on their day of arrival.

If you or anyone in your family answers YES, and has ANY symptoms, DO NOT come to camp. Instead, contact a screening location to get tested for Covid-19.

RPC has adjusted the cancellation policy to deal with these last minute Covid-19 occurrences. Please visit our website for details ([redpinecamp.org](https://redpinecamp.org)).

**Vaccines:** All campers 5+ years old will also be asked to show their vaccine passport. These will be checked and either scanned into the app or tracked on a checklist. We do not retain any personal information.

**Reminder:** If you have a medical exemption, it must be shared with the office two weeks prior to your arrival at camp. Failure to do this will result in a delay in your ability to move into your cabin with the possibility of not being able to move in.

**Arrival:** As you turn onto Island View Drive (please use the most western entrance off Highway 60) you will be greeted by RPC staff. If you are in cabins 1-13, you will be directed towards the office entrance; cabins 14-27 will be directed towards the main parking lot and shore strip cabins will be directed down Red Pine Way.

You will be greeted by a staff member who will confirm your completion of the Online Screening, verify your vaccination proof and names of people in your car. If the online screening was not completed that morning, you will be asked to pull over to complete a paper screening. No one is allowed to exit their vehicle until the screening and vaccines are confirmed, once this is complete you may move into your cabin.

**NEW in 2022:** After your screening and vaccines are confirmed all campers will receive a bracelet that must remain on for the duration of your time at Red Pine Camp.

**Visitors** arriving throughout the week must check in at the office immediately upon arrival to complete the screening process.

**Badges:** This year we were informed that there is a tin shortage for our badge supplier. We are attempting to find alternate solutions for this favourite aspect of Red Pine. Returning Campers - please feel free to bring a prior year name tag or show off all of your badges.

**Tuck Shop** after check-in, head over to add money to your tuck account, purchase ice for your cooler, etc.

## HEALTH AND SAFETY

Your health and safety and that of our staff is at the core of every decision we made preparing for this summer. We are in close communication with Renfrew County District Public Health and our policies are in line with what is required by law and/or recommended as best practice.

**While at camp, procedures and practices with respect to Covid-19 are not up for debate.** The Camp Directors, Senior and Junior Staff have worked very hard to ensure RPC runs as smoothly as possible. We will continue to monitor the Ontario government's Covid-19 regulations and make changes as necessary. If you have feedback or suggestions please leave them on your feedback form at the end of the week or email Janet Cottreau, the Executive Camp Director.

**Personal Daily Screening:** Inside every cabin will be a list of Covid-19 symptoms and health support information. PLEASE do a screening of all members of your cabin every morning before you begin your day and throughout the day. If someone in your cabin is unwell or has any of the symptoms listed, read the instructions posted in your cabin. If you are instructed to connect with our nurse please stay in your cabin and call the phone number listed on the screening page - the cell phone number for our wonderful camp nurse, Kimberley.

If, after a consultation with Kimberley, it is decided that the person in your cabin has worrying symptoms your cabin may be asked to leave camp and contact a screening location to get tested for Covid-19.

**Daily First Aid Center (FAC) Hours:** Kimberley will be holding daily FAC hours one hour following breakfast and one hour following dinner in the screened tent outside of the FAC building.

Please restrict visits to non-contagious ailments. If you require a prescription please contact **Pharmasave** in Golden Lake for the call-in doctor # or visit the Emergency Room in Barry's Bay, Pembroke or Renfrew. Masking requirements currently remain in effect in all healthcare settings in Ontario. If you are visiting any of the locations listed above, please ensure you have a mask with you! Additionally, please remember to bring your Health Card with you.

**Cleaning:** Cabins will be cleaned before your arrival on Saturday. High touch surfaces and mattresses will be wiped with a cleaning and disinfecting solution and the floors will be mopped.

Washrooms and showers will be cleaned and sanitized twice daily with spot cleaning happening regularly throughout the day. If you have any concerns while in camp please speak to our Camp Coordinators.

High Touch surfaces around camp will be sanitized regularly by staff, however, we are in a large outdoor space with a lot of wooden surfaces. RPC has placed **Hand Sanitizer** stations ALL around camp.

**Hand Washing:** Hand washing stations have been installed around the Dining Hall. Please wash your hands before and after you eat and wash or sanitize your hands regularly throughout the day.

## FIRE SAFETY PLAN

Should there be a fire at camp, you will hear the continuous ringing of the dining hall bell. In the case of a fire, please place the fire extinguisher from the nearest cabin on the front step of said cabin. Account for all members of your family and proceed to the dining hall to be told where the designated safety area is (as instructed by a senior staff member or coordinator). Remain at the designated safety area until instructed otherwise.

In case of a fire in the dining hall, the waterfront bell will ring continuously. Place fire extinguishers from nearby cabins on the front steps of their respective cabins and proceed to the shore strip. Remain at the shore strip until instructed otherwise.

## VACCINE

COVID-19 is not gone from our communities as is evident from trends we are seeing across Ontario and the world. The Public Health Agency of Canada maintains that vaccines are the most important tool to protect ourselves and our communities against the impacts of future waves of COVID-19.

Given that our population includes both those under 5 years of age and older at-risk age- groups, we have an obligation to do all we can to maintain as safe an environment as possible for our staff and campers alike. For this reason, we have implemented the following policy regarding vaccinations for the summer of 2022.

All staff and campers aged 5+ (everyone attending, volunteering, visiting, etc.) must be fully vaccinated for COVID-19 prior to arriving at camp (currently two vaccines at least two weeks before arrival). Valid medical exemptions (in Ontario, a medical exemption approved by your public health unit and displayed on an enhanced vaccination certificate with QR code) must be shared with the camp office at least two weeks prior to arrival.

## MEALS

Meals are served at 8:30am, 1:00 pm and 6:00pm. Early morning coffee is available at the Tuck Shop at 7:15am.

We are back in the dining hall this year for meals! Similar to previous years, all campers will be assigned a table. All tables will have a designated server who will serve the meals and wait on their table for the week. There will be an email sent out a few weeks before your arrival at camp asking about health issues and the need to sit outside. There are a limited number of served tables under the white tent.

If any other campers wish to eat outside, we will have picnic tables set up throughout the grove around the dining hall. Campers can bring their food and dishes outside to a picnic table once the meal has been served. Immediately following announcements, campers who eat outside must bring their dishes back to their table for their server to bus.

## JUNIOR PROGRAM

Junior program is offered for kids ages 0 - 12 and takes place each morning from 9:15 AM - 11:30 PM. JP now involves a combination of waterfront activities and fun camp activities that will keep your children busy all morning.

JP registration happens Saturday evening where you will meet some of the staff members who will be happy to answer any of your questions.

We ask that all children arrive at JP with swimsuits under their clothes, a towel, a water bottle, and sunscreen applied. Please also pack a hat and bug spray. At 11:30 AM Rangers and Wolverines will finish their day at the JP Hut, while the Eager Beavers and Mighty Mites will be picked up by their Guardian(s) at the Waterfront. We would ask that Wolverines and Rangers also please bring a change of clothes and bag for wet swimsuits.

This summer, we are happy to bring back the Beehive and the JP Hut where the Bumble Bees and Junior Birds will spend their mornings from 9:15 AM - 11:30 PM. All staff are fully vaccinated and we are continuing to take

precautions by completing daily screening self-assessments and wearing masks with the under 5 years age groups. That being said, the Bumble Bee and Junior Bird age groups are too young to be vaccinated, therefore, we acknowledge a greater risk of transmission can occur.

## **LIT** (*Leaders In Training*)

Our leadership training program is for teens aged 13-15! The program includes various sessions, placements and skill building activities scattered throughout the week. A big focus of our program this summer is gain on reconnecting with others and personal growth. If you are interested in signing up, meet outside the Rec Hall after dinner on Saturday night!

## **EXTRAS TO BRING TO CAMP**

**Washable Masks** (depending on your comfort level)

**PFDs / Life Jackets** We will have our regular number of lifejackets but having your own will be a big help.

**Plastic Tablecloth with Clips:** If you would like to leave a tablecloth on your picnic table outside your cabin please bring metal clips/clamps to keep it secured.

**Favorite family games, cards, books etc.** We have had to box up all board games and books for the summer so don't forget to pack a 'rainy day' box.

**Rain Gear:** The more gear that we have at camp the less likely it will be to rain...isn't that the old tale?

**Dining Tent:** To provide you with more space to enjoy the outdoors should it rain (maximum size 12x12 feet).

**White Shirt** for Friday night Banquet.

## **WATERFRONT**

This summer lots of things are back to normal down on the dock!

We have Adirondack chairs available and lots of space to spread out and enjoy the sun.

**Swimming Lanyards:** On Saturday evenings, we are prioritizing swim test lanyards (Yellow, Blue, Red) and will be limiting the number of people completing lanyards at a time to prioritize camper and staff safety.

**Sailing:** If you are interested in completing your White Sailing Lanyard this summer, please come down to the dock on Sunday morning, and talk to Jack, our Waterfront Senior in charge of Boats to complete your test. We are only running sailing tests on Sunday.

Please be advised, if you are bringing your personal boat to camp, we do not provide moorings as we cannot guarantee their effectiveness. Boaters are asked to use their own anchors.

**Swimming Out of Bounds:** If you are a long distance swimmer and would like to swim outside of the supervised waterfront area you must speak to one of the Waterfront Senior Staff and sign an additional waiver.

## **TUCK SHOP**

This year things will look a little bit different in the Tuck shop!

We will have a capacity limit posted on the door of the Tuck shop indicating the capacity limit. Customers will enter through the side door that is across from the ice machine and exit from the main door onto the porch. We will have signs to make sure this is clear! This will help us regulate the flow and make sure everyone still gets all their candy and clothing!

We will still have the window on the back of the tuck shop near the paddle tennis courts specifically for ice cream and ice! These products may only be purchased from there.

Hours for the tuck shop will be reduced slightly in order to allow enough time for cleaning. The new tuck shop hours will be posted on the tuck shop.

## CRAFTS

We can't wait to show you the wonderful crafts we have available for you at crafts this summer!!

**Payments:** Payments for Crafts will happen at the Hearth House by cash or debit.

## TOURNAMENTS

On Saturday, tournament sheets will be posted outside the dining hall on the tournament boards. We run a wide variety of tournaments and encourage everyone to sign up for the tournaments that interest them!

NEW this year - if you would like to run a new or different type of Tournament or Sports Clinic, meet with our Family Program Senior after dinner on Saturday where the JP sign-up takes place.

## FAMILY PROGRAM

**Volunteers - NEW in 2022!:** If you are interested in volunteering at camp this summer we have a new set-up so you can get involved. After the meal Saturday our Family Program Senior will be near the JP sign-up spot to discuss volunteer opportunities throughout the week. You might want to lead yoga on the dock, a trail run on our new and improved Nature Trail, a pickleball clinic or a baseball game. Or you might want to run a new campwide game, help with an evening program or volunteer at crafts one afternoon. Whatever interests you, we can't wait to hear about it!

**Announcements:** It worked so well last summer that we will continue to post announcements on whiteboards found around the grove. These will supplement live announcements that will be made after each meal.

**Trivia:** Trivia will take place at breakfast. Test your knowledge on your weekly theme and see which table will be a trivia master. Once your table has completed the trivia, place the sheets back in a basket at the dining hall to be marked. Results will be posted on a whiteboard at the dining hall. May the best trivia master win!

**Evening Programming** - Camp-wide evening programs will be run each night! Announcements after dinner will give more details about each night's program.

## CAMPER FEEDBACK

We understand that some of the processes at camp this summer are still different than in years past, and we hope that despite this you will still experience a wonderful vacation with us under the pines.

We encourage camper feedback whether it be for good praise or for constructive comments for improvement.

**[2022 Online Camper Feedback Form](#)**

## 100 for 100 CAMPAIGN

**It's not too late to make your donation for 2022! Visit the office and talk to Christine or Sydney!**

