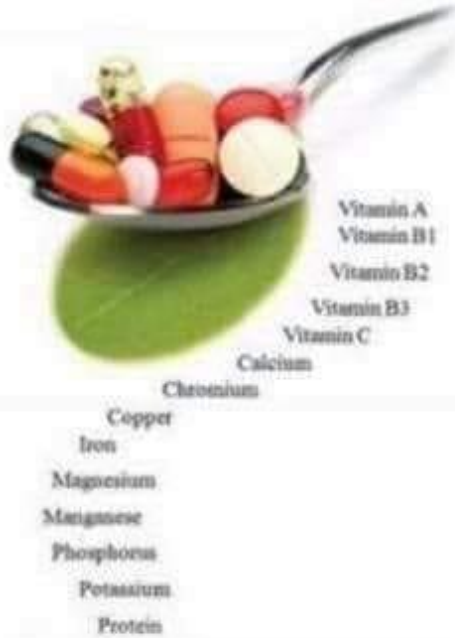


The John Hopkins School Research on Moringa



Jed W. Fahey, Sc.D. , Johns Hopkins School of Medicine, Department of Pharmacology and Molecular Sciences produced a very important research paper titled: ***"Moringa oleifera: A Review of the Medical Evidence for Its Nutritional, Therapeutic, and Prophylactic Properties. Part 1."*** In this seminal work, they began the process of sifting through the scientific work on Moringa, as well as the traditional, as well as anecdotal evidence for Moringa's nutritional, therapeutic and prophylactic. In doing this, they found that much of the scientific evidence is

beginning to support much of the traditional and anecdotal information. I will first present some of the traditional information on the use of Moringa in treating various diseases and maladies.

Below are quotes as well as a chart given in the John Hopkins research paper on the scientific evidence regarding Moringa's nutritional value, as well as its medicinal properties.

... the nutritional properties of Moringa are now so well known that there seems to be little doubt of the substantial health benefit to be realized by consumption of Moringa leaf powder in situations where starvation is imminent. (Jed W. Fahey, 2005)