



Racial Equity Resource List

Racial Equity Trainings with an MCH Focus

March of Dimes

- Partnered with Quality Interactions to create trainings focusing on maternal/infant outcomes
- In-person training
 - 3-4 hours
 - Up to 250 participants
 - 4 components of training: overview of implicit bias, historical overview of structural racism, strategies to mitigate bias in maternity care, commitment to creating a culture of equity
- E-learning individual training
 - Self-directed
 - 1 hour long
- [Contact](#) Arianne Graham, Program Innovation Senior Director for partnership opportunities

National Birth Equity Collaborative

- Creates solutions that optimize Black maternal and infant health through training, policy, advocacy, research, and community-centered collaboration
- Offers customized Birth Equity Training to dismantle the root causes of health inequities
- [Learn more](#)

SisterSong

- Co-leads Black Mamas Matter with the Center for Reproductive Rights
- Offer customized Reproductive Justice 101 and Reproductive Justice 102 workshops
- [Learn more](#)

Racial Equity Trainings

RACE For Equity

- Provides education, training, and technical assistance to organizations
- Results-Based Accountability™ is the framework for evaluating performance improvement
- [Learn more](#)

Race Matters Institute

- Provides education, training, and technical assistance to organizations
- Introduction to Racial Equity workshop
 - 1-1.5 days
- [Learn more](#)

Interaction Institute for Social Change

- Consulting firm for organizations, focus on capacity-building for social justice and racial equity
- Advancing Racial Justice in Organizations workshop
 - \$425-\$500
 - 2 days
 - Offered in multiple cities
- Fundamentals of Facilitation for Racial Justice Work workshop
 - \$650-\$1000
 - 1 day
 - Offered in multiple cities
- [Learn more](#)

The People's Institute for Survival and Beyond

- Provides education, training, and technical assistance to organizations
- Undoing Racism® Community Organizing signature workshop
 - \$270.00
 - 3 days
 - Offered in multiple cities
- Reflection, Assessment, Evaluation Team™ process helps organizations state, observe, and measure their vision
- [Learn more](#)

Racial Equity Institute

- Provides education, training, and technical assistance to organizations
- Phase 1, 2 and 3 Racial Equity workshops
 - 2 days
 - Offered in multiple cities
- [Learn more](#)

Advancing Health Equity

- Offers workshops for health care organizations on implicit bias, structural racism, and racial equity
- Offers consulting services on curriculum and program development, culture analysis
- [Learn more](#)

Race Forward

- Conducts research on racial justice issues, runs the daily news site Colorlines, supports racial justice advocacy through mobilization, skill-building, leadership development and alliance-building
- Offers Building Racial Equity workshop for individuals
 - \$145-\$500
 - 1 day
 - Offered in multiple cities
- [Learn more](#)

White Men as Full Diversity Partners

- Provides education, training, and technical assistance to organizations
- Offers Open Enrollment Labs for individuals and organizations

- White Men’s Caucus
 - 3.5 days
 - Offered in multiple cities
 - \$4500 per person
- Full Diversity Partners Lab
 - 3.5 days
 - Offered in multiple cities
 - \$4500 per person
- Summit
 - 2 days
 - Offered in multiple cities
 - \$1600
- [Learn more](#)

NACCHO

- Online learning collaborative
- Roots of Health Inequity free online course for the public health workforce
- [Learn more](#)

Disparities Solution Center

- Develops and implements strategies to improve quality and advance health equity in policy and practice
- Disparities Leadership curriculum for health care leadership
 - 2 day face to face intensive, then online curriculum
 - 1 year long
 - \$9500 per person per organization, scholarships available
- [Learn more](#)

Implicit Bias Trainings

Cook Ross

- Offers strategic assessments and unconscious bias systems interventions for organizations
- Grounds trainings in social science implicit bias research base, co-founder wrote book Everyday Bias
- Disrupting Everyday Bias
 - Up to 30 participants
 - 3.5 hrs
 - \$6k-\$10k plus travel and shipping costs
- Exploring Everyday Bias
 - Up to 45 participants
 - 2 hrs
 - \$6k-\$10k plus travel and shipping costs
- [Learn more](#)

Quality Interactions

- Bias trainings grounded in cultural competency framework for health care organizations
- Provides customizable education, training, and technical assistance to organizations
- [Learn more](#)

Project Implicit®

- Research scientists who coined the term “implicit bias” in 1995 and developed the Implicit Association Test (IAT), the commonly used self-assessment tool
- Offer workshops and presentations on diversity and inclusion, leadership, bias and barriers to innovation
- [Learn more](#)

Consult Me, LLC

- Denise Evans, MM, MA is a Certified Facilitator in cultural intelligence, unconscious bias, health equity and social justice
- Learn more by [email](#) or [phone](#)

Cultural Competency Training

The Diversity Collaborative

- Provides education and training to organizations
- Secret Handshake Awareness Training
 - 4 hrs or 8 hrs
 - Demonstrates how language and behaviors can be offensive in the workplace
 - [Learn more](#)
- Drawing the Line Skills Building workshop
 - 4 hrs or 8 hrs
 - Practice skills and techniques to address statements and actions perceived as negative
 - [Learn more](#)

Voices from the Community

[Dr. David R. Williams](#)

[The Illumination Project](#)

[Sunshine Muse](#)

[Just Partners](#)

[Dr. Joy DeGruy](#)

[Edwin J. Nichols](#)

Nafla Poff

Racial Equity Resources with an MCH Focus

Black Mamas Matter Alliance. Advancing Holistic Maternal Care for Black Women Through Policy. 2018. <https://blackmamasmatter.org/wp-content/uploads/2018/12/BMMA-PolicyAgenda-Digital.pdf>.

Black Mamas Matter Alliance. Setting the Standard for Holistic Care of and for Black Women. 2018. http://blackmamasmatter.org/wp-content/uploads/2018/04/BMMA_BlackPaper_April-2018.pdf.

Howell EA, Brown H, Brumley J, et al. Reduction of Peripartum Racial and Ethnic Disparities: A Conceptual Framework and Maternal Safety Consensus Bundle. *Obstet Gynecol*. 2018;131(5):770-782. doi:10.1097/AOG.0000000000002475

Reaching Our Sisters Everywhere. <http://www.breastfeedingrose.org/>

- Seeks to enhance, encourage, support, promote and protect breastfeeding in the US and reduce disparities among African American women

Racial Equity Resources

Racial Equity Tools. <https://www.racialequitytools.org/home>.

- Provides 2500+ resources that support work to achieve racial equity

W.K. Kellogg Foundation. Truth, Racial Healing and Transformation. <https://healourcommunities.org/>

- Comprehensive, national, community-based process for transformational change to address and undo racism
- Community engagement process led to creation of the *Truth, Racial Healing and Transformation Implementation Guidebook* as a framework for actionable change

Racial Equity Readings

Alexander, M. *The New Jim Crow*. The New Press; 2010.

Coates, N. *Between the World and Me*. Spiegel and Grau; 2015.

DiAngelo, R. *White Fragility*. Beacon Press; 2018.

Hinton, A. *The Sun Does Shine: How I Found Life, Freedom and Justice*. St. Martin's Griffin; 2015.

Kendi, I. *How to Be an Antiracist*. One World; 2019.

Metzl, J. *Dying of Whiteness: How the Politics of Racial Resentment is Killing America's Heartland*. Basic Books; 2019.

Ross L, Solinger R. *Reproductive Justice*. University of California Press; 2017.

Rothstein, R. *The Color of Law*. Liveright; 2018.

Washington, H. *Medical Apartheid: The Dark History of Medical Experimentation on Black Americans From Colonial Times to the Present*. Anchor; 2008.

Wilkerson, I. *The Warmth of Other Suns*. Vintage; 2011.

Health Equity Resources

Association of American Medical Colleges, Kirwan Institute for the Study of Race and Ethnicity. Proceedings of the Diversity and Inclusion Innovation Forum: Unconscious Bias in Academic Medicine. 2017.

Boscardin, C. K. Reducing Implicit Bias Through Curricular Interventions. *J Gen Intern Med*. 2015; 30(12), 1726–1728.

National Association of County and City Health Officials. Advancing Public Narrative for Health Equity and Social Justice. 2018. https://www.co.winnebago.wi.us/sites/default/files/uploaded-files/advancing_public_narrative_for_health_equity_social_justice.pdf.

Wyatt R, Laderman M, Botwinick L, Mate K, Whittington J. *Achieving Health Equity: A Guide for Health Care Organizations*. IHI White Paper. Cambridge, Massachusetts: Institute for Healthcare Improvement; 2016.