Welcome to

Sanctuary of the Heart

A heart-centered retreat created to provide a loving container where you can soften, slow down, and remember your innate worth and sacred feminine essence. Here, you are invited to release what no longer serves you, deepen your inner connection, and be held in community with others who are on their own paths of healing and growth

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Over the course of this day together, you will experience channeled divine feminine transmissions, light language activations, healing through Tesla energy work and Holy Fire Reiki, soul-supportive breathwork, crystal bowls, spirit gatherings, and grounding time in nature. Each experience is guided with care and intention — offering you space to rest in your body, open your heart, and return home with renewed clarity, balance, and peace.