

Sports Nutrition and Entrepreneurship Site Descriptions

Duke University Athletics



Location: Durham, NC

Positions Available: 6 (3 fall, 3 spring), full-time

Start Dates: July/August 2022 and January 2023

Duration: 20 weeks

Rotation Provided: Sports Nutrition & Entrepreneurship, Food Service, Community

The Duke University team creates a positive work environment, allowing students to get the best possible collegiate sports nutrition experience. You'll experience a very fast-paced environment with a multitude of hands-on learning opportunities and will be part of our team that works together on all levels. Dietetic interns will gain insight into the field of sports nutrition through tasks like team education talks, body composition assessments, one-on-one counseling of athletes, assisting at practice and games, and working fueling stations.

University of Notre Dame



Location: Notre Dame, IN

Positions Available: 2, full-time

Start Dates: July 2022 and February 2023

Duration: 12-16 weeks

Rotation Provided: Sports Nutrition & Entrepreneurship, Food Service, Community

Within this fast-paced yet fun, focused, and efficient environment, you'll gain an incredible experience as you place yourself in the shoes of a sports dietitian day-in and day-out. At the University of Notre Dame, you'll be working side-by-side with their team measuring body composition, managing fuel stations, delivering education through social media channels, participating in menu collaboration with the performance chef, and collaborating with the health and performance team.

Chicago Bulls

Location: Chicago, IL

Positions Available: 2, either part-time or full-time

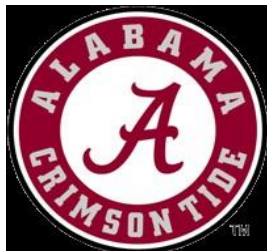
Start Dates: September 2022 or January 2023

Rotation Provided: Sports Nutrition & Entrepreneurship, Food Service

The Chicago Bulls have a part-time consultant dietitian (Jenny Westerkamp) and a full-time chef dietitian (Christine Blank). This intern would work primarily with the full-time chef dietitian at the practice facility and be able to fulfil food service competencies. BONUS: You would be paid an hourly wage!

Sports Nutrition and Entrepreneurship Site Descriptions

University of Alabama - Tuscaloosa



Location: Tuscaloosa, AL
 Positions Available: 2 Full-time
 Start Dates: July 2022 (Football), October 2022 (Olympic)
 Duration: 6 weeks
 Rotation Provided: Sports Nutrition and Entrepreneurship, Foodservice, and/or Community

Intern with the University of Alabama Performance Nutrition staff and help fuel Bama student athletes to achieve elite athletic performance. Interns will work side by side with experienced sports RDs and culinary staff to learn how to manage individual student athletes and team nutrition needs throughout the training cycle. Foodservice rotations will be completed in a state of the art two story dining facility that serves all 19 sports. Interns will see all aspects of nutrition care and coaching, from clinical assessments to body comp testing, recovery nutrition, daily fueling and hydration practices as well as gameday and travel meal practices. Our interns are expected to actively participate in our nutrition programming and operations bringing a "can do" approach to work, a positive attitude and professional demeanor. Learn how to thrive within the culture of sport and the fast-paced work environment. Football nutrition interns will focus on football nutrition and operations; Olympic nutrition interns will assist with basketball and a variety of teams; Prior exposure to sports is a plus but not a requirement.

University of Alabama - Birmingham



Location: Birmingham, AL
 Positions Available: 4 (2 per semester; part-time or full-time)
 Start Date: July 2022, January 2023
 Duration: 15 weeks full-time, 25 weeks part-time
 Rotation Provided: Sports Nutrition & Entrepreneurship, Food Service, Community

Football at UAB is very invested in nutrition and has a large staff supportive of our program and its growth. The intern would gain experience working within an interdisciplinary team, working one on one with athletes under RD supervision, fueling station operations, program development, social media, development of education materials, team talks, and be involved in cooking demonstrations. The intern would also be involved in working practices and football games depending on the time of year.

Sports Nutrition and Entrepreneurship Site Descriptions

Minnesota Twins



Location: Fort Myers, Florida
Positions Available: 3, full-time
Start Dates: July 2022, February 2023, May 2023
Duration: 15 weeks
Rotations Provided: Sports Nutrition & Entrepreneurship, Food Service, Community

The Minnesota Twins Performance Nutrition department prioritizes player development. In this unique experience, you'll have the opportunity to immerse yourself in education content development, ISAK body composition measurements, individual hydration and supplementation plans, and extensive counseling. Additionally, dietetic interns will gain insight into menu development for all minor league affiliates. This will be a combination of in-person and remote work.

University of Colorado - Boulder



Location: Boulder, CO
Positions Available: 6-9, Full-time or 32 hours/week
Start Dates: July 202, October/November 2022, January/March 2023
Duration: 11 weeks (FT) 14 weeks (PT)
Rotations Provided: Sports Nutrition & Entrepreneurship, Food Service

Dietetic Interns will understand nutrition assessment, programming, and intervention for Division 1 Student Athletes appropriate for their level of experience and current phase of training. This includes learning and understanding how performance nutrition programming is utilized and executed within a High-Performance Setting. Interns will observe how Performance Dietitian's and Culinary teams work together to produce Performance Based Menus and high-level meal services while abiding by CU Athletic Department guidelines. Dietetic Interns will observe what an Interdisciplinary High-Performance Team consists of within an Athletic Department and the role of the Performance Dietitian within specific Sport teams.