

The **Cossitt Bike Rodeo** will be held **Friday, September 10th, at 3:15 PM** on the playground for all 3rd graders who are interested in riding their bikes to school. All 4th, 5th and 6th grade students who have not participated in the Bike Rodeo are also invited. At the Bike Rodeo, each child will register his/her bike with the La Grange Police Department and perform a series of bicycle safety tests. Children wishing to ride their bikes to school need to participate in the Bike Rodeo only once at Cossitt.

The requirements for riding bikes to school are:

- 1) Bikes must be registered with the La Grange Police Department. Registration will be offered at the Bike Rodeo.
- 2) The student must successfully complete the Bike Rodeo proficiency tests.

A copy of the **Illinois Bicycle Rules** pamphlet can be downloaded at http://www.cyberdriveillinois.com/publications/pdf_publications/dsd_a143.pdf and was sent home with 3rd graders. There will be additional copies available in the front office for 4th, 5th and 6th graders to pick up. Please review the rules with your child.

Parents, please bring your child's bike and helmet to the playground at dismissal the day of the Bike Rodeo. Stations can be completed in any order, please remember that it will take time to test each child and register all bikes.

If you're interested in volunteering, let us know. We'd love to have your help

Shannon Rischow shannonrischow@gmail.com

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Rain Date: Friday, Sept 17th

BICYCLE RIDING PERMISSION SLIP

I have reviewed the bicycle requirements with my child and he/she has permission to ride his/her bike to school. **PLEASE HAVE YOUR CHILD BRING THIS SIGNED FORM WITH THEM TO THE BIKE RODEO.**

Student's name

Parent's signature

Student's address

Phone number

Teacher/grade

BALANCE STATION: Evaluates the rider's ability to start and stop while maintaining control and balance. The rider must steer the bike without losing balance or swerving out of the lines and then dismount *Maximum score = 15 points/subtract 5 points if:*

- Bicycle swerves out of the lines
- Rider's feet touch the ground
- Bicycle stops moving before the finish line

SCORE_____

AGILITY STATION: Measures the rider's balance, steering control and ability to judge distance. The rider must ride the bike 20 feet and then weave alternately to the right and left without hitting any obstacles or touching his/her feet to the ground. *Maximum score = 15 points/subtract 5 points if:*

- Rider's feet touch the ground
- Rider runs over a cone
- Rider skips any cone

SCORE_____

BRAKING STATION: Assesses the rider's judgment and braking control. At the starting line, the rider accelerates the bicycle to full speed. When the rider passes a set of cones, the rider should bring the bike to a complete stop within 10 feet. *Maximum score = 10 points/subtract 5 points if:*

- Rider begins deceleration before passing cones
- Rider touches the ground with either foot before stopping.

SCORE_____

RULES OF THE ROAD STATION: Measures the rider's knowledge of hand signals, bike safety and proper bicycle locking. *Maximum score = 25 points/subtract 5 points if:*

- Rider fails to give right turn signal
- Rider fails to give left turn signal
- Rider fails to give stop signal
- Rider does not park and lock bike properly
- Rider answers safety question incorrectly

SCORE_____

TOTAL SCORE (MAX65)_____

BIKE REGISTRATION STATION: Register your bike with the La Grange Police Department.

_____ STUDENT SIGNATURE BIKE SERIAL NUMBER