

## Have You Heard of *Motivational Interviewing*? *Don't miss our Motivational Interviewing Training!*

Motivational Interviewing is a psychological counseling method that provides a framework for you to help your clients find their own internal motivation to accomplish their goals. Everyone knows that real, actionable change is hard. Even when circumstances are difficult and families are struggling it can be difficult to change behavior and patterns that aren't working. Motivational interviewing offers a way to approach clients to help remove any ambivalence or indifference that may be blocking them from making needed changes to help themselves and/or their families thrive.

Join us Thursday, November 14<sup>th</sup> for our day-long Motivational Interviewing training opportunity. Anyone who works directly with clients should be sure to join us, including all Case Managers, Family Advocates and Self-Sufficiency Coaches just to name a few. Don't miss this opportunity to learn more about motivational interviewing! This highly interactive, day-long training will provide the opportunity to learn and practice techniques to help your clients find the motivation they need to push through any difficult transitions and make the changes necessary to improve their lives. Click the links below for more information or to book your hotel stay and register today!

Webpage: <https://www.nccaa.net/motivational-interviewing>

Glance Agenda: [https://7a61ea77-dbfd-4da9-af54-591f2159d280.filesusr.com/ugd/ae395b\\_bb171a6254174c12ae3e74575b6adb37.pdf](https://7a61ea77-dbfd-4da9-af54-591f2159d280.filesusr.com/ugd/ae395b_bb171a6254174c12ae3e74575b6adb37.pdf)

Hotel Reservations: <https://www.marriott.com/event-reservations/reservation-link.mi?id=1568389157272&key=GRP&app=resvlink>

Register Today!:

<http://events.r20.constantcontact.com/register/event?oeidk=a07egocyto0dbd1a0fa&llr=q4aehmdab>

\*Endia, I've included all of the above links, though I don't know if you will want to use all of them. All of the links can be found on the training webpage (as well as bios of the trainers) which is the first link.