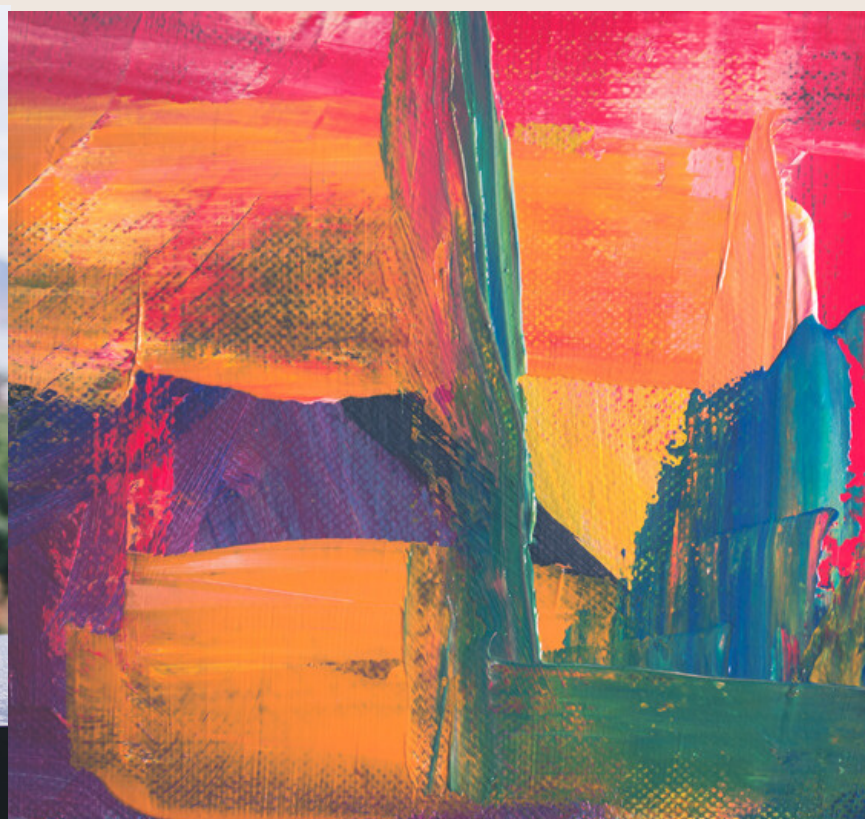


JOIN US FOR OUR



WAMU Workshop Series

EVERY TUESDAY AT 7 PM THROUGH THE FIRST FOUR
WEEKS OF JUNE, AND THE LAST MONDAY OF JUNE AT
7 PM.

TUESDAY, JUNE 9 AT 7 PM



Wine Education

A WAMY WORKSHOP
HOSTED BY: MATT RIVERS,
EXECUTIVE CHEF AT CHETOLA

How to Access

THE WORKSHOPS ARE
\$10 PER LESSON OR \$30 FOR THE FOUR
REMAINING.

TO RESERVE YOUR SPOT GO TO WAMY'S WEBSITE AND
REGISTER BY CHOOSING YOUR DESIRED CLASS
BUNDLE.

NO ONE WILL BE TURNED AWAY DUE TO A LACK OF
MEANS. EMAIL ASHLEY COOK AT
ASHLEY@WAMYCOMMUNITYACTION.ORG TO RESERVE
YOUR SPOT IF YOU LACK THE PROPER FUNDS.

IF YOU WOULD LIKE TO ATTEND BUT THE LISTED
TIMES DON'T WORK FOR YOU, ALL WORKSHOPS WILL
BE RECORDED AND EMAILED TO THOSE WHO WANT
TO PARTICIPATE.

ALL PROCEEDS GO TOWARD WAMY'S CARE PACKAGE
INITIATIVE, (SIX FEET APART TOGETHER) THAT
PROVIDES SENIOR CITIZENS AND AT-RISK PERSONS IN
THE HIGH COUNTRY WITH ESSENTIAL ITEMS.

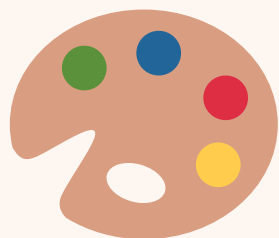
WAMY Workshop Series

WAMY Workshop Plus Schedule



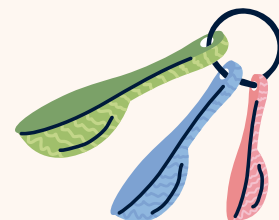
~~APPALACHIAN CLOGGING KICK-OFF:~~
~~TUESDAY, JUNE 2 @ 7 PM~~

WINE EDUCATION NIGHT: TUESDAY,
JUNE 9 @ 7 PM



ART NIGHT: TUESDAY, JUNE 16 @ 7 PM

MEALS IN THE HIGH COUNTRY:
TUESDAY, JUNE 23 @ 7 PM



YOGA/WAMY WELLNESS NIGHT:
MONDAY, JUNE 29 @ 7 PM

TUESDAY, JUNE 16 AT 7 PM



Art Night

A WAMY WORKSHOP
HOSTED BY: EDWINA MAY,
CHEAP JOE'S ART STUFF

THE WORKSHOPS ARE
\$10 PER LESSON OR \$25 FOR THE THREE
REMAINING.

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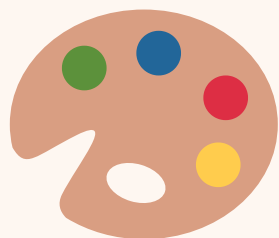
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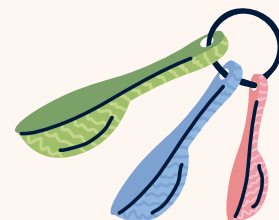
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MEALS IN THE HIGH COUNTRY:
TUESDAY, JUNE 23 @ 7 PM



YOGA/WAMY WELLNESS NIGHT:
MONDAY, JUNE 29 @ 7 PM

TUESDAY, JUNE 23 AT 7 PM



Meals in the High Country

A WAMY WORKSHOP
HOSTED BY: BLUE RIDGE WOMEN IN
AGRICULTURE

THE WORKSHOPS ARE
\$10 PER LESSON OR \$15 FOR THE TWO
REMAINING.

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WAMY Workshop Series

WAMY Workshop Plus Schedule



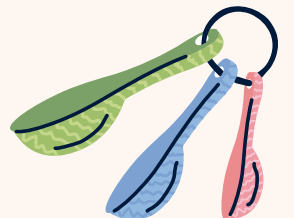
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MEALS IN THE HIGH COUNTRY:
TUESDAY, JUNE 23 @ 7 PM



YOGA/WAMY WELLNESS NIGHT:
MONDAY, JUNE 29 @ 7 PM

MONDAY, JUNE 29 AT 7 PM



Yoga Night

A WAMY WORKSHOP

HOSTED BY: CATHERINE SCANTLIN,
NURTURING THE CONNECTION

OUR LAST WORKSHOP IS \$10.

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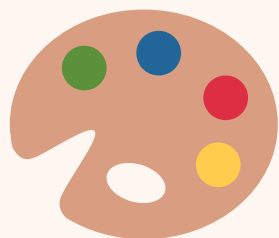
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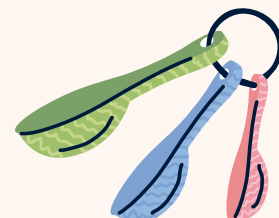
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