



Triple P

Positive Parenting Program

A PROGRAM OF



triplep.first5scc.org

TIPS FOR PARENTING IN UNCERTAIN TIMES (PART 2)

Triple P—the world's leading positive parenting program—
strengthens families by promoting positive relationships

Friday, May 1, 2020 • 11:00 – 12:00
(Optional Q&A with Heather from 12:00 – 12:30)

Attend this FREE virtual workshop to learn and share tips for:

- Noticing and encouraging values, skills, and behaviors that are important in your family
- Providing age-appropriate answers and emotional support to children and teens

Presented in English by Dr. Heather Thomsen

Register to get the information to join this free workshop on Zoom

To register: Call First 5 Santa Cruz County at (831) 465-2217 or visit <https://tinyurl.com/May1-English>

Need help? Contact Nicole Young, Triple P Coordinator at triplep@first5scc.org

New to Zoom? Visit Zoom's Help Center at <https://support.zoom.us/hc/en-us>



To learn about other Triple P services:
contact First 5 Santa Cruz County at
(831) 465-2217 or triplep@first5scc.org

This program is made possible through a partnership between First 5 Santa Cruz County, Santa Cruz County Health Services Agency (MHSA-Prop 63) & Santa Cruz County Human Services Department