

## HEALTH MEETS FOOD: CULINARY MEDICINE IN FOODSERVICE

Frederick Community College's (FCC) Hospitality, Culinary and Tourism Institute (HCTI) was the first culinary school in the country to offer Culinary Medicine for Foodservice Professionals during the summer of 2023 and continues to offer classes each summer. Since its initial offering, 23 students completed the program and 15 earned their Certified Culinary Medicine Professional (CCMP) certification. During summer of 2024's class, all 11 students earned their CCMP! Designed for:

- Foodservice professionals with 3+ years of experience
- Healthcare facility employees
- Graduates of culinary or nutrition programs
- Individuals with Certified Dietary Manager certification and/or American Culinary Federation designation
- Foodservice/Culinary/Nutrition Educators at post-secondary or secondary institutions
- USDA Ag Extension Agents

Summer of 2025 Schedule:

### HCT140 – Health meets Food: Culinary Medicine for Foodservice Professionals, Tier III

Choose from two class sections: in-person or structured remote\*

Wednesdays, May 28 – July 9, 2025

8:00 a.m. – 12:30 p.m.

*Earn Tier III: Certificate in Culinary Medicine*

**\*Structured remote classes meet virtually on scheduled date/time.**

### HCT141 – Health meets Food: Culinary Medicine for Foodservice Professionals, Tier II\*\*

Choose between two class sections: **in-person** or **structured remote**\*

Wednesdays, July 16 – August 27, 2025

8:00 a.m. – 12:30 p.m.

\*\* Must enroll in HCT 140 in order to enroll in HCT 141.

*Earn Tier II: Certificate in Culinary Medicine*

**Earn Tier I:** *Certified Culinary Medicine Professional (CCMP), upon passing CCMP exam, offered online in September 2025*

Visit [www.frederick.edu/hcti](http://www.frederick.edu/hcti) to learn more and sign up

### Continuing Education Scholarships are Available

A **\$500 scholarship** is available for this course. When completing the application for this course, simply provide your name, student ID number (if applicable), and email, along with the name of this course *while disregarding any criteria listed on the application and requests to upload any documents*. Please contact the FCC Foundation at **301-846-2438** or email [foundation@frederick.edu](mailto:foundation@frederick.edu) if you have any questions.

- Link to application: [www.frederick.edu/foundation/scholarships.aspx](http://www.frederick.edu/foundation/scholarships.aspx)
- Click on “**CEWD Scholarship (Non-Credit)**”

**Questions? Email** [hcti@frederick.edu](mailto:hcti@frederick.edu)