



12-week group parent coaching course

Thursdays at 12 p.m. starting September 4

location

allcove Beach Cities

Located at Beach Cities Health District

514 N. Prospect Avenue, 4th floor

Redondo Beach, CA 90277

Parents and caregivers, in this 12-week course you will achieve your own personal parenting transformation; to be an empowered parent using conscious parenting skills. We will meet virtually on Zoom and sessions will be recorded. You must commit to complete the 12-week course.

Please note, there will be no session in week 7 (October 30) or during Thanksgiving week (November 27). There is a 1–2-hour weekly time commitment outside of the sessions. Participants will have lifetime access to the Jai institute of Parenting's 12-week program.

To register, call or text (310) 374-5706.



@allcovebeachcities

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current hours

Monday – Friday

1 – 7 p.m.

Visit allcove.org/beach-cities for more information.

