

YOUR RECIPE



YOUR STORY

Thank you so much for your willingness to participate in the cookbook. We're so excited to see what you've been cooking. Please be as detailed as possible as we want to get to know your recipe and its story. Thank you for submitting!

Answer as many of these questions as you'd like to on a different sheet. Submit a photo of you/your family/your recipe if you have one. Fill in the contact information below. Include a step by step version of your recipe and an ingredients list as well. Don't forget to seal your recipe with your signature.

Contact Information

Name:

My Senior Center is:

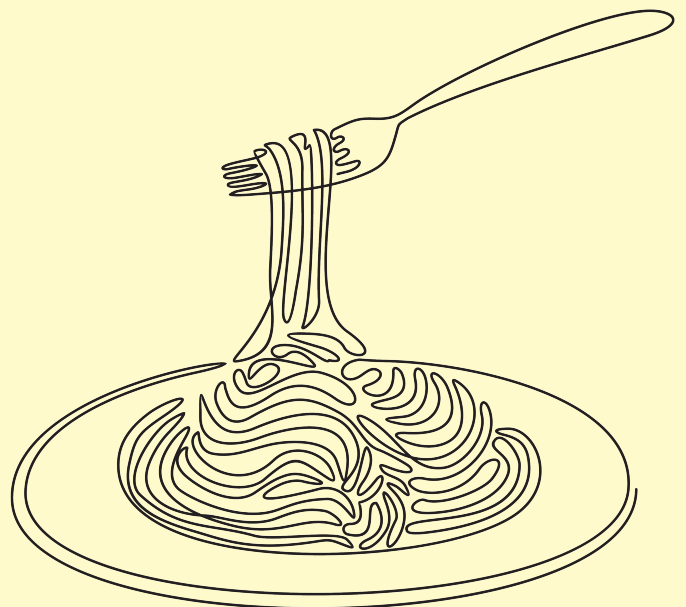
Birthday:

Email:

Phone Number:

My Recipe is:

- ☐ Bread/Roll/Biscuit
- ☐ Entree
- ☐ Side
- ☐ Dessert
- ☐ Appetizers/Drink(miscellaneous)



How did you learn this recipe?

Who taught it to you? How old were you? Where were you?

What emotions does this dish bring you when you eat it?

Ex: The joy of family, celebration, holidays, home sweet home.

Who in your family loves this recipe the most?

Why? When do you serve it?

What is this dish best served with?

What do you pair with this dish? What else might come on the plate?

When's the last time you served/made this recipe?

What was the occasion?

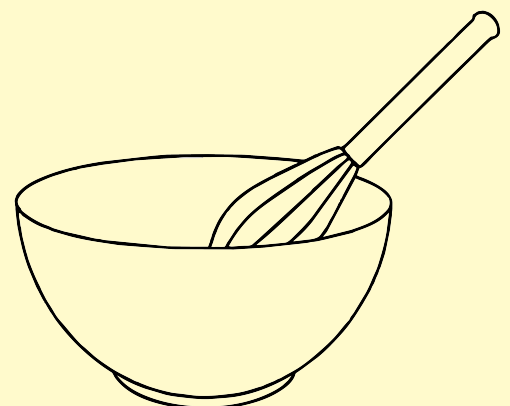
What emotions do you feel when preparing this dish?

Describe a memory associated with this dish.

Tell us the story of this dish.

How many generations has this recipe been in your family?

What else would you like to tell us?



This image shows a single sheet of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page. There is no handwriting or other markings on the paper.

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