

Families Anonymous is an understanding support group for those who feel lost and alone coping with the destructive behavior of a family member, whether caused by drugs, alcohol, gambling or related behavioral problems.

When you join our meeting you are no longer alone, but among friends who live with similar issues. We understand the shame, anxiety and anger you may feel.

All are encouraged and welcome to attend our meetings, even if there is only a suspicion of a problem. Your identity is protected in our free of charge meetings – we use first names only.

We have in person meetings every Wednesday from 5:30-7pm at the Brunswick Senior Center located at 101 Stone Chimney Road, Supply, NC. You may also join via Zoom. Contact Sherry, 973-907-6426; sherryh4194@gmail.com for more information.