

**Families Anonymous** is an understanding support group for those who have a feeling of desperation caused by the destructive behavior of someone very near to them, whether caused by drugs, alcohol, gambling or related behavioral problems. When you join our meeting you are no longer alone, but among friends who live with similar issues. We understand the shame, anxiety and anger associated with these issues.

All are encouraged and welcome to attend our meetings, even if there is only a suspicion of a problem. Your identity is protected in our free of charge meetings – we use first names only.

*Due to COVID 19, we are effectively meeting in Zoom every Tuesday 5:30-7PM. Contact Sherry, 973-907-6426; sherryh4194@gmail.com for link to join us.*