



*YES Community Counseling Center's  
PACT Project Presents  
A Virtual ZOOM Training of*



# **BASICS**

## *Brief Alcohol Screening and Intervention of College Students*

**BASICS** is an evidence-based prevention intervention for College Students (ages 18-24) who drink alcohol heavily and/or have experienced or are at risk for alcohol-related problems such as poor class attendance, missed assignments, accidents or violence. A *Harm Reduction Approach*, **BASICS** aims to motivate students to reduce alcohol use in order to decrease the negative consequences of drinking and live a healthier and safer lifestyle.

**BASICS** is designed to help students make better choices.

The program's style is empathic, not confrontational or judgmental and

- Reduces the adverse effects of alcohol consumption
- Promotes reduced drinking
- Promotes healthier choices among young adults
- Provides important information and coping skills for risk reduction

**Wednesday, January 5th and Thursday, January 6th**  
**From 9:00a.m. to 3:30p.m.**

YES Community Counseling Center's PACT Project **BASICS** training is FREE for mental health professionals, nurses, coaches and licensed substance prevention providers who work with college students ages 18-24.

**Approved for:**

Social Work/Licensed Mental Health Counseling CEU's, NYS OASAS CPP/CPS/CASAC credentialing and renewal  
Administrative fee for Social Work/ Licensed Mental Health Counseling CEU Credits is \$100 for 10 CEU Credits

**To Register for this Virtual Training via ZOOM  
please email [pact@yesccc.org](mailto:pact@yesccc.org) or call (516) 799-3203 x230**

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