

# PeerWell

## Musculoskeletal Recovery Platform



PeerWell is a musculoskeletal recovery platform that supports injured workers when they need it most: when facing a challenging surgery. They serve injured workers' facing a wide range of major procedures and conditions including:

PeerWell is proven  
to cut costs and  
speed up an  
injured workers'  
return-to-work

### Lower Extremity

Total Hip  
Replacement

Total Knee  
Replacement

Meniscectomy

ACL  
Reconstruction

### Upper Extremity

Rotator  
Cuff Repair

SLAP

Biceps  
Tenodesis

Biceps  
Repair

### Back

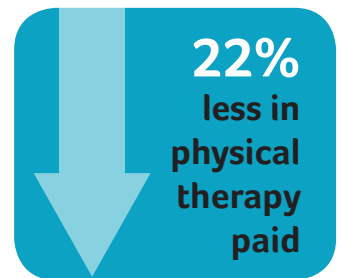
Spinal Fusion  
(Cervical/Lumbar)

Discectomy  
(Cervical/Lumbar)

Lumbar Fusion

Laminectomy  
(Cervical/Lumbar)

Non-surgical  
Pain Control



Injured workers that use PeerWell's digital PreHab and ReHab program return-to-work faster, experience a lower risk recovery, and typically spend less time in physical therapy. Across all industries, musculoskeletal conditions are the highest medical expense for employers.

## Accessible Anywhere, Anytime

Surgery prep, recovery, and chronic pain management takes just 10-15 minutes and is done from a injured worker's smartphone, tablet, or desktop computer. Injured workers' recover from home and require significantly less in-person physical therapy.

PeerWell's surgery optimization programs are digestible for all and delivered in a way that is streamlined, making complex surgery prep simple, bite-sized and surmountable. All of PeerWell's medical content is supported by their board of medical advisors.

## Physical Therapy Isn't Enough

When it comes to musculoskeletal surgery preparation or chronic pain, physical therapy and skimming through pamphlets isn't enough. Injured workers' need guidance based on the five pillars of health: Physical Therapy, Pain & Anxiety, Nutrition, Literacy, and Environment.

## Tracking of Progress

Facing surgery, we all wish for a faster and safer recovery. PeerWell shows injured workers their progress and how well they stack up against their peers. PeerWell brings out each injured worker's personal best.

## Fun, Interactive & Empowering

Surgery is as scary as medical content is dry. PeerWell keeps difficult to reach users engaged with dynamic, customized programming that leverages playful images, readable language, and one-of-a-kind AI technology like PeerWell's "Trip & Fall Hazard Detector" or "Range of Motion Measurement Tool" built right into their smartphones.

## The process is simple:



Complete an activation form and submit to Coventry



Injured worker will receive an invite to participate in program



No training required



Injured workers use PeerWell with their own mobile phone or tablet (no wearable tech or special equipment required)



Injured workers' recover from home and get back to work

Please contact us  
for more information:  
**800.790.8662**  
**info@cvty.com**