



Have an easy fast

G'mar Chasima Tova

Schedule

<u>Friday, September 29th, Erev Yom Kippur - Kol Nidre</u>		<u>Sunday, October 1st (11th Tishre)</u>	
Daf Yomi	6:00 A	Daf Yomi	7:00 A
Slichos	6:30 A	Shachris	7:55 A
Shacharis	7:00 A	Minchah	6:30 P
Mincha	2:45 P	Daf Yomi following Maariv	
Kol Nidre	6:30 P		
Candle Lighting before Kol Nidre			
<u>Shabbos, September 30th - Yom Kippur</u>		<u>Monday, October 2nd (12th Tishre)</u>	
Shachris	8:00 A	Daf Yomi	6:00 A
HaMelech	9:30 A	Shachris	6:45 A
Torah reading	11:20 A	Minchah	6:30 P
Sermon	11:50 A	Daf Yomi following Maariv	
Yizkor (Approximately)	12:10 P		
Minchah	4:45 P	<u>Tuesday, October 3rd (13th Tishre)</u>	
Neilah	6:00 P	Daf Yomi	6:00 A
Havdalah	7:28 P	Shachris	7:00 A
		Minchah	6:30 P
		Daf Yomi following Maariv	

Services at B'nai Israel are open to all Jews in Hampton Roads.

Childcare will be provided during all major services.

To inquire about membership or seat reservations please contact the office at office@bnaiisrael.org . We offer one year of free membership to all new members.

CLASSES FOR EVERYONE

DAF YOMI

Morning Class: Sundays at 7:00 AM, weekdays at 6:00 AM
with Rabbi Loiterman

Evening Class: Sunday through Thursday after Ma'ariv

Shabbos & Yom Tov: both classes meet together one hour
before Mincha with Rabbi Loiterman

SHABBOS LEARNING FOR BOYS

NO CLASSES ON YOM KIPPUR

Grades 5th - 8th Gemara class at the Harpaz home at 3:00 PM
with Rabbi Harpaz

Grades 1st - 4th with Rabbi Lipman at shul 30 minutes before
Mincha

Grades 5th - 8th Mishnayos Shiur with Rabbi Harpaz at shul 30
minutes before Mincha.

PARTNERS IN TORAH

Mondays from 8:00 PM to 9:00 PM

For both men and women, meets at the JCC in Room 238

Women's Tuesday Noon Learning Class

The Tuesday noon class for women
restarts on Tuesday, October 17th

TALMUD CLASSES - 75 minutes before Mincha

Tuesday evenings: With Gershon Aronoff - Megilla

RABBI GODER OPEN BEIS MEDRASH LEARNING NIGHT

Wednesdays after Maariv at B'nai Israel

Join one of several informal study groups being offered.

HURRICANE HARVEY RELIEF

As our brothers and sisters in Houston seek to recover from the destruction of Hurricane Harvey there are several options for helping through the Orthodox Union and the local UJFT. In addition, Rabbi Haber will be working with Rabbi Litt - who is from Houston - on direct donations to families in need. Donations can be made to the Rabbi's Discretionary Fund.

SISTERHOOD FLOWER FUND

The Sisterhood provides fresh flowers for the Bimah for every Yom Tov. Contributions to the flower fund can be mailed to Irene Mazel or Frances Berger.

MIKVA FEES

The Mikva committee has announced that effective immediately, the prices will be raised. The new prices will be posted in the Mikva.

SUKKOS ONEG IN BROOKE SUKKA

Thursday, October 5th, 9:30 PM to 11:30 PM

Jeff & Amy Brooke will be hosting an Oneg in their Sukka on the 2nd night of Sukkos, in memory of Amy's mother, Ann Zukerman (Tzvia Hinda bas Asher Dov). Michael & Yitzchak (Mike & Ike) Brooke will each be making a Siyum in memory of their grandmother. Due to limited space in the sukka, a request has been made that this be adults only.

Thank You to our Contributors

To Jeff & Amy Brooke for their contribution of a Siddur in memory of Amy's mother, Ann Zukerman
To Jeff & Amy Brooke for their contribution of a Siddur in memory of Jeff's grandfather, Isadore Brooke.
To Irene B. Mazel for her contribution in memory of her father, William Banks.
To Henrietta Schatz for her contribution to the Cemetery Fund in memory of her mother, Annie Potts.
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To Henrietta Schatz for her contribution to Bnai Israel Congregation
To Jeanene Anker for her contribution in honor of Rabbi Sholom & Tehilla Mostofsky on the engagement of their daughter, Leah Esther to Eli Krischer
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To Yehudah Leib & Helen Griffin for their contribution of a Sidur in memory of Bernard Ehrlich.
To Benjamin Borman for his contribution to the Eruv Fund in memory of Jack Katz.
To Larry Buckman for his contribution in memory of his mother, Betty Buckman.
To Mike & Naomi Zelikovich for their contribution to Bnai Israel Congregation.
To Mike & Naomi Zelikovich for their contribution to the Eruv Fund.
To Aaron & Ruth Cohen for their contribution to the Bridge-Sturman Fund in memory of Harold Blumenthal.

Thank You to our Contributors - continued

To Susan Wilson for her contribution in memory of Dr. Harold Blumenthal.

To Rabbi Sender & Chamie Haber for their contribution in memory of Linda Belkov, wife of Dr. Calvin Belkov

To Rabbi Sender & Chamie Haber for their contribution in memory of Linda Belkov, sister of Dr. Stephen & Ronnie-Jane Konikoff

To Frances Berger & Nathan Berger for their contribution in memory of Harold Blumenthal.

To Irene Ullman for her contribution to the Eruv Fund in memory of Harold Blumenthal.

To Ruth Rothman for her contribution to the Kiddush Fund in memory of Harold Blumenthal.

To Frieda Igdal for her contribution in memory of Harold Blumenthal.

To Frieda Igdal for her contribution in memory of Linda Belkov, wife of Dr. Calvin Belkov.

To Dr. Earl & Andie Pollock for their contribution in memory of Harold Blumenthal.

To Aaron & Ruth Cohen for their contribution to the Bridge-Sturman Fund in honor of the engagement of Chana Brooke to Avi Horowitz.

To Kevin Snashall for his contribution to the BISLI fund

To Kevin Snashall for his contribution to the Mikva Fund.

To Kevin Snashall for his contribution to the Kiddush Fund

To Kevin Snashall for his contribution to the Eruv Fund

To Shirley Blumenthal for her contribution in memory of her nephew, Harold Blumenthal.

To Alan H. Kurzer for his contribution to the Cemetery Fund in memory of his grandmother, Rose Kurzer.

To Alan H. Kurzer for his contribution to the Cemetery Fund in memory of his father, Philip Kurzer.

To Benn & Jackie Richels for their contribution to the Rabbi's Discretionary Fund in memory of Harold Blumenthal.

To Marian Baer Ticatch for her contribution in memory of Harold Blumenthal.

To Leonard & Ellie Brooke for their contribution of a Siddur in memory of Leonard's father, Isadore Brooke.

To Irene Mazel for her contribution in memory of Harold Blumenthal.

To Stanley & Barbara Bloom for their contribution in memory of their cousin, Harold Blumenthal

To Dr. Andrew & Ruth Fekete for their contribution in memory of Harold Blumenthal.

To Martin & Ina Leiderman for their contribution to the Eruv Fund in memory of beloved brother & uncle, Harold Blumenthal.

For the Week of Shabbos, September 30th through Tuesday, October 3rd

BIRTHDAYS

Lilah Ruth Kopels	3rd	9/30
Meryl Joy Goldstein		10/1
Rebbitzen Chamie Haber		10/1
Chaim Shereshevsky	16th	10/3

YAHRTZEITS

Sidney Popkin	9/30
Dora Casper	10/1
Rebecca Dankner	10/1
Nasan Mostofsky	10/1
Lois Cohen	10/2
Rose Kurzer	10/2
Francis Sternberg	10/2
Belle Weisman Strauss	10/2
Molly Goldsticker	10/3
Jacob Katz	10/3
Dora Klein	10/3
Sarah Ruchelman	10/4

REFUAH SHELAIMA

Women

Men

Shoshana bas Miriam	Chaya Raizel bas Dena	Shalom Boruch ben Masha	Asher Eliyahu ben Leah
Vittel Zilke bas Leah	Chana bas Sarah	Yehuda ben Chasha Ruchel	Akiva Hillel Ben Cooki Tziporah Feige Gittel
Leah Adina bas Chaya Esther	Devora Leah bas Civet Elkie	Moshe Yechezkel Halevi ben Sara Malka	Yehuda Herschel ben Chaya Leah
Yochana bas Chana	Samecha Yehudis bas Esther	Reuven Simcha ben Naomi Rus	Dovid Leshem ben Esther
Nava bas Fruma Leah	Reva Raza bas Malka	Yonah Michael Alter ben Esther Sarah	Chaim Yaakov Dovid ben Avigail
Basha Leiba bas Baila Fruma	Shoshana bas Netta	Shlomo Yaakov Yonason ben Chana Raizel	Abba ben Tzipora
Simcha bas Tzipporah	Adi Bat Miriam	Aryeh Nachman HaCohen ben Ita	Pesach ben Baila
Malka Esther bas Devorah	Chana Leah bas Fraydel	Shlomo ben Tzipporah	Dovid Avraham ben Miriam
Devorah bas Ruchel	Ruth bas Sarah	David Shlomo ben Rivka Tehilla	Yosef Aaron ben Keren Shoshana
Sara Bas Sara	Chaya bas Ruchel	Noach HaLevi ben Miriam	Robert ben Jean
Miriam Rochel bas Chava Elisheva	Tinokes bas Esther Hadassah	Koppel ben Bayla	Rachmiel Leib ben Mordechai HaLevi
Kayla Dodie bas Rochel Bracha	Sheva bas Rivka	Yonatan ben Rivka	Yehuda Sema ben Alta Ruchel
Rochel Bracha bas Baila	Chaya Ruchel bas Zelda	Abraham ben Iza	Chaim Rafael Yoel ben Shayna Golda
Tirtze Sorah bas Rochel Bracha	Shira bas Sarah	Yoel Meir ben Chaya	Daniel Yosef ben Miriam
Rivka Tehilla bas Sarah	Nechama Getzel bas Rachel	Yehudah Ben Batya	Aaron Emanuel ben Tzippora
Hinda bas Dena	Ruchama Malka Briendel bas Shaina Shifra	Rafael Messod ben Naomi Sarah	Michoel Dovid ben Rivka
Shula bas Carmela	Miriam bas Chava	Eliezer ben Sara	Moshe Yosef ben Esther
Eliana Chaya bas Nacha	Leah Aviva bas Masha	Avraham Beryl HaLevi ben Miriam	Reuven HaCohen ben Sarah
Adi Simcha bas Penina Leah	Rochel bas Tova	Yissachar ben Rachel	Eitan Shmuel bas Chana Leah
Gilsom Gila bas Tzipporah	Chaya Rochel bas Esti Rivka	Binyamin Leib ben Rachel Chana	Eliezer Yehuda ben Chana Shaindel
Tzipporah bas Gilsom Gila	Rivka bas Chaya Ruchel	Zecharia Avraham ben Devorah Rivka	Yisroel Shmuel ben Sarah
Aida Batya bas Etta	Rivka bas Yocheved	Nosson Yitzhak Ben Leah	Chaim Avraham ben Feiga
Chaya Tova Gittel bas Shulamis Sima	Tzippora Aviva bas Rivka	Moshe ben Raizel	Chaim Shmuel ben Rivka
Elka Gittel bas Basya	Devora Rivka bas Tzipora	Eliezer ben Penina Kaila	Eliyahu Aron ben Hudel
Chana Yitta bas Bryna	Raizel Shoshana bas Faiga Leah	Meir Yehoshua ben Penina Kaila	Sholom Yehuda ben Fayga
Yehudis bas Irma	Chana Shifra bas Freidel	Beryl ben Chava	Tinok ben Rochel
Bayla Mishka bas Devora	Orly Rachel Bat Yehudit Rus	Shmuel Yeruchem ben Baila	Shlomo Yoel ben Chaya Leah
Malka Chana bas Ruchel	Leah Rivka bas Sarah	Eitan ben Sarah	Chanina Getzl ben Chana Fradel
Miriam bas Tzipora	Yehudis bas Chana Leah	Yehoshua ben Nechama Aliza	Meyer Yisroel Hirsch ben Zahava Zippora
		Menachem ben Tzipka	Yitzchak ben Emma
		Avraham ben Chana	

THE B'NAI ISRAEL CALENDAR AT A GLANCE

Week of October 1st through October 7th

Wednesday, October 4th: Erev Sukkos (Eruv Tashvilin)

Thursday, October 5th: First Day of Sukkos

Thursday, October 5th: Annual Bnai Israel Sukka Hop

Thursday, October 5th (night): Oneg in memory of Ann Zukerman at Brooke Sukka

Friday, October 6th: Second Day of Sukkos

Shabbos, October 7th: First Day of Chol HaMoed

Week of October 8th through October 14th

Sunday, October 8th: Second Day of Chol HaMoed

Monday, October 9th: Third Day of Chol HaMoed

Monday, October 9th (night): Mostofsky/Krischer Vort - Bnai Israel Sukka

Tuesday, October 10th: Fourth Day of Chol HaMoed

Wednesday, October 11th: Hoshana Rabbah

Wednesday, October 11th (night): Erev Shmini Atzeres (Eruv Tashvilin)

Thursday, October 12th: Shmini Atzeres

Thursday, October 12th (night): Simchas Torah/Hakofos

Friday, October 13th: Simchas Torah/Hakofos

Week of October 15th through October 21st

Sunday, October 15th: Brooke/Horowitz Vort - Zukerman home

KOL NIDREI

By Rabbi Sender Haber

Before Pesach we clean our homes. We destroy and dispose of all of our Chametz. Some people take weeks to do it. We clean the kitchen, the bedrooms, the closets, the dining room, our cars. We make our houses Chametz Free. Or so we hope. The truth is that even after all of our hard work and even after the final inspection by the light of a candle on the night before the seder, we don't feel totally confident. We make a declaration in which we basically said the following:

"G-d, we have done our absolute best to get rid of all of our Chametz. We ate it, we burned it, we gave it away and we sold it. But just in case there is anything left – in case there is one cheerio that I missed – I would like to legally relinquish all ownership of those crumbs. May they be null and void like the dust of the earth."

I believe that we have just done the same thing here on Yom Kippur. The Rambam in his Mishnah Torah outlines the Laws of forgiveness. He says that we must identify each of our sins, we must articulate them, we must regret doing them, and we must accept upon ourselves that we will never sin again.

Certainly, we all have some regrets over things that we have or haven't done. Hopefully, we have even gone through the process: We have identified areas where we need to improve and we have said, "I shouldn't have eaten that or said that or skipped that", "I will take steps to make sure that I don't do it again".

But can anyone ever go through the Teshuva process for each and every one of his or her sins? Can we even remember all of our sins?

The Zohar recommends that we follow the Pesach model. We need to search our souls and our lives and remove as many sins and imperfections as we can. And then we need to stop. We need to turn to Hashem and say (just as we do before Pesach):

G-d, we have done our absolute best to get rid of all of our sins. We identified them, we regretted them, they are no longer a part of us and we will take steps never to commit them again. But just in case there is anything left – and we know that there are sins we've forgotten and sins we need more time to fix – I would like to legally relinquish ownership. You G-d, can accept my repentance and cleanse me and purify me on this holy day.

There are two pieces to Teshuva. One is about righting the wrongs and growing as Jews and as people. The other is about coming close to Hashem. Hashem in His infinite mercy is willing to bring us close to Him if we will change just one thing, if we will make one sincere apology to Him, one correction to the path we have taken in life. One step to make sure that we will continue to grow. That's how great Teshuva is. Even a little Teshuva can help – but it needs to be sincere Teshuva.

I know someone, a good person, who was about to get engaged. He wanted to marry her and she wanted to marry him, but when they went to her father, he disapproved. He said, you are not the type of boy I want for my daughter. The daughter didn't care, nobody else cared, but this fellow – Mike – did care. He decided he wanted to be the type of boy his potential father-in-law would want. He went out and bought himself a Chumash and a Mishna Berurah. He pledged that he would finish them before he married and that he would act upon everything that he learned. Everyone else was mad at the girl's father for being so difficult. But the boy just wanted to be the type of person his father in law would want.

I've thought about this a lot. Did he really change? Did he become the Vilna Gaon in a matter of months? Doubtful. But he made some real changes and took some concrete steps – and he prayed that his father in law would take note and have Mercy.

The word Teshuva literally means Returning to Hashem. Let's spend the next twenty-five hours doing Teshuva. Let's really find some things that we regret. Let's really pledge to change. And let's pray to G-d that he accept our Teshuva and erase all of our sins. Hashem has given us the opportunity to become different people. Let's make some changes and show that we are taking advantage of the love and the opportunity that Hashem has given us.

May all of our prayers be answered in the best possible way. Good Yom Tov.