



This week's Kiddush is sponsored by the Kiddush Club



This week's Shalosh Seudos is sponsored in memory of Alter Shmuel Ben Simcha (Allen S Bridge) by: Esther Bridge, Sid Bridge, Melissa Schoenfeld, Sara Lieb and their families

## Schedule for the Week

### Friday, July 27th (15th Av)

Candle lighting 7:00 P\*  
Minchah/Kabbalas Shabbos/Maariv 7:00 P\*

### Shabbos, July 28th (16th Av)

Shachris 9:00 A  
Shabbos Women's Class @ Schoenfeld 5:00 P  
Daf Yomi 6:45 P  
Pirkei Avos 6:55 P  
Mincha 7:45 P  
Maariv / Havdala 8:59 P

### Sunday, July 29th (17th Av)

Shachris 8:00 A  
Mincha / Maariv 7:55 P

### Monday, July 30th (18th Av)

Daf Yomi 6:00 A  
Shachris 6:45 A  
Mincha/Maariv 7:55 P

### Tuesday, July 31st (19th Av)

Daf Yomi 6:00 A  
Shachris 7:00 A  
Mincha/Maariv 7:55 P

### Wednesday, August 1st (20th Av)

Daf Yomi 6:00 A  
Shachris 7:00 A  
Mincha / Maariv 7:55 P

### Thursday, August 2nd (21st Av)

Daf Yomi 6:00 A  
Shachris 6:45 A  
Mincha / Maariv 7:55 P

### Friday, August 3rd (22nd Av)

Daf Yomi 6:00 A  
Shachris 7:00 A  
Candle Lighting 7:00 P\*  
Mincha 7:00 P\*

**Until September 14th we will making an early Shabbos with Mincha at 7:00 PM.  
Candle lighting will be at 7:00 PM, and no later than 7:20 PM**

# Shabbos Classes

## Boys Learning

**3:00 PM** For boys grades: 5th to 8th Gemara Shiur at home of Rabbi Bauman

**5:15 PM** For all boys: Pirkei Avos - home of Dr. Gedalia Schwartz

## Women's Class

**5:00 PM** at the home of Melissa Schoenfeld, who will be presenting the class.

## Pirkei Avos with Rabbi Haber

*On hiatus*

# Weekday Classes

	Sun.	Mon.	Tues.	Wed.	Thur.	Fri.
<b>Daf Yomi with Rabbi Loiterman</b>						
Morning	7:00			6:00 AM		
Evening		After Maariv (as noted)				
<b>Rabbi Haber's Classes</b>						
	Sun.	Mon.	Tues.	Wed.	Thur.	Fri.
		On hiatus				
<b>Kollel Learning Programs</b>						
	Sun.	Mon.	Tues.	Wed.	Thur.	Fri.
Partners in Torah at JCC		On hiatus				
Night Kollel	On hiatus		On hiatus			
<b>Other Classes Available</b>						
	Sun.	Mon.	Tues.	Wed.	Thur.	Fri.
Tomer Devora with Amy Lefcoe			On hiatus until 8/28			
Gemara: Avoda Zora			75 min before Mincha			

## **VOLUNTEER OPPORTUNITY**

We are still looking for volunteers to help prepare food and set up for Shalosh Seudos. Opportunity is open to men and women and food can be prepared in shul during the week at volunteer's convenience. Please contact Rabbi Haber or Jeff Brooke.

## **MIKVA APPOINTMENTS**

Please note that all Mikva appointments between 7/23 and 8/11 should be made by contacting Mrs. Rothman at 757-685-8806

## **CHAI KIDDUSH - SUMMER EDITION**

*Shabbos, August 4th*

Please consider participating in the Summer edition of the Chai Kiddush. Deadline to contact the shul office to submit your sponsorship is Thursday, August 2nd.

## **SAVE THE DATE: THE 2ND ANNUAL ANN ZUKERMAN SCHOLAR-IN-RESIDENCE PROGRAM**

*Shabbos, September 1st, Parshas Ki Savo*

The second annual Ann Zukerman Scholar-in-Residence Program will take place on Shabbos Parshas Ki Savo, September 1st. Our guest will be Rabbi Yitzchok Adlerstein, a well known Torah scholar, author, and lecturer. If you would like to be involved in the program, please contact Rabbi Haber or Jeff Brooke.

## **BNAI ISRAEL CALENDAR FOR 2019**

Believe it or not, it's actually time to start getting ads for the 2019 Bnai Israel calendar. This year, the calendar will have an option to have ads in full color. If you have any companies (mechanic, electrician, plumber, painter, etc., or persons that you feel might benefit from placing an ad in the calendar, please send your list of names and addresses to the shul office and we will contact them for you.

## **SOFER COMING TO NORFOLK**

The month of Elul is considered an appropriate time to have one's Tefillin and Mezuzos checked. In conjunction with Rabbi Haber, the Norfolk Kollel has arranged for a highly qualified Sofer to give an interactive presentation describing the background and production of Tefillin.

He will be available to check Mezuzos for \$12 each, and Tefillin for \$150 per

pair. This price is all inclusive, and includes taking down the Mezuzos and putting them back up, and any small repairs that may be necessary. He will also have Mezuzos of all prices and replacement straps for Tefillin for sale, as well as pairs of Tefillin (upon request).

If you have interest in these services please be in touch with Rabbi Davis or any of the Kollel Rabbis so we can have an idea of how much time he should plan on spending in Norfolk.

## **HOW TO READ A 5,000 YEAR OLD LANGUAGE IN 5 EASY LESSONS**

*Starting Monday, August 13th at 7:00 PM at the Simon Family JCC*

A free Hebrew reading crash course - 5 1/2 hour weekly classes (Monday, August 13th, Monday, August 20th, Monday, August 27th, Tuesday, September 4th and Wednesday, September 12th. The class will be led by Rabbi Sender Haber. Call 757-321-2304 or email [KWard@ujft.org](mailto:KWard@ujft.org) for more information or to reserve a seat.

## **SISTERHOOD FLOWER FUND**

The Sisterhood provides fresh flowers for the Bimah for every Yom Tov & other services for the shul. Contributions to the Bnai Israel Sisterhood "flower fund" can be mailed to Mrs. Irene B. Mazel or Mrs. Frances Berger.

<b>Thank you to our contributors</b>	
<b>Bnai Israel General Fund</b>	<ul style="list-style-type: none"> <li>✧ Rabbi Sender &amp; Chamie Haber: To Gordon Zedd, in memory of his father, Ronnie Zedd</li> <li>✧ Bill &amp; Ida Kittner: To Irene Mazel in memory of her son, Joel.</li> </ul>
<b>Yahrtzeit Fund</b>	<ul style="list-style-type: none"> <li>✧ Caroline Schloss: In memory of her aunt, Edie Schloss</li> <li>✧ Caroline Schloss: In memory of her great-grandmother, Helena Frohlich</li> <li>✧ Caroline Schloss: In memory of her great-grandmother, Karoline Frohlich</li> <li>✧ Sam Schatz: In memory of his mother, Henrietta Schatz</li> </ul>
<b>Siddurim</b>	<ul style="list-style-type: none"> <li>✧ Dorothy Slone: In memory of her brother, David Sheldon Stern</li> </ul>
<b>Bnai Israel Cemetery Fund</b>	<ul style="list-style-type: none"> <li>✧ Carl Cogan: In memory of Eulis Cogan</li> <li>✧ Carl Cogan: In memory of Pauline Cogan</li> <li>✧ Carl Cogan: In memory of Allan Cogan</li> <li>✧ Carl Cogan: In memory of Max Cogan</li> <li>✧ Carl Cogan: In memory of Harry Cogan</li> <li>✧ Carl Cogan: In memory of Herman Cogan</li> <li>✧ Carl Cogan: In memory of Alfred Cogan</li> <li>✧ Melvyn &amp; Etta Forman: In memory of Etta's mother, Emma Coleman</li> <li>✧ Melvyn &amp; Etta Forman: In memory of Melvyn's father, Benjamin Forman</li> <li>✧ Sam Schatz: In memory of his mother, Henrietta Schatz</li> </ul>

## THE KIDDUSH & SHALOSH SEUDOS CLUBS

Ever wonder how those non-sponsored Kiddushes and Shalosh Seudos meals get paid for? Although it doesn't look like a lot of food, it does cost us at least \$100.00 as week to put on the non-sponsored Kiddush for over 150 people and at least \$75.00 for a non-sponsored Shalosh Seudos.

It is through the generosity of the members of the Kiddush Club and the Shalosh Seudos clubs that the costs are covered.

The following families have pledged \$18 per month to the Kiddush Club to cover these costs:

Robert & Darcy Bloch  
Jeff & Amy Brooke  
Aaron & Ruth Cohen  
Drs. Stephen & Lynn Deutsch  
Robert & Audrey Gutterman  
Kevin & Amy Lefcoe  
Rabbi Gershon & Sara Litt  
Harold & Susan Loiterman  
Jason & Dr. Alison Ohana

Dr. Earl & Andie Pollock  
Ruth Rothman  
Dr. Gedalia & Jodi Schwartz  
Dr. Gary Siegel & Dr. Laurie Goldsticker  
Jordan & Laurie Slone  
Dr. Michael & Brina Weissman  
Mike & Naomi Zelikovich  
Herb & Bina Zukerman

Each of the following families have pledged \$10 per month to the Shalosh Seudos Club cover these costs:

Robert & Darcy Bloch  
Jeff & Amy Brooke  
Aaron & Ruth Cohen  
Drs. Stephen & Lynn Deutsch  
Rabbi Sender & Chamie Haber  
Shmuel & Shira Itzhak  
Rabbi Aharon & Sarah Lipman  
Rabbi Gershon & Sara Litt

Joey & Carol Miller  
Dr. Earl & Andie Pollock  
Bern Schloss  
Dr. Gedalia & Jodi Schwartz  
Jordan & Laurie Slone  
Dr. Michael & Brina Weissman  
Herb & Bina Zukerman

Won't you consider joining these special clubs? Additional sponsors will help us cover our cost and expand our menus. You can be billed each month, or once a year - it's up to you. If you are interested, please contact Amy Brooke or Michele Aronoff.

## For the Week of Shabbos, July 27th through Friday, August 3rd

### BIRTHDAYS

Dr. Andrew Fekete		7/29
Avraham Moshe Berman	11th	7/31
Shimon Avram Zelikovich	9th	7/31

### ANNIVERSARIES

Mr. & Mrs. Ken Wilson	27th	7/28
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### YAHRTZEITS

Emma Coleman	7/28	Shabtai Drory	7/30	Helen Freeman	8/2
Simon Mazel	7/28	Phyllis R. Berkwit	7/31	Helen Hoffberger	8/2
Rose Mirman	7/28	Joseph L. Saunders	7/31	Ethel Potts	8/2
Paul Orenstein	7/28	Larry Berman	8/1	Bernard Kurzer	8/3
Samuel Sinker	7/28	Milton Donn	8/1	Karolina Lind	8/3
Jeffrey Kahan	7/29	Samuel Minsberg	8/1	Barbara Malbin	8/3
Mrs. Kirstein	7/29	Sam Sandler	8/1	Bernard Miller	8/3
Mildred Becker	7/30	Sidney Ashe	8/2		

### REFUAH SHELAIMA

Women	Men
Shoshana bas Miriam	Shalom Boruch ben Masha
Vittel Zilke bas Leah	Yehuda ben Chasha Ruchel
Leah Adina bas Chaya Esther	Moshe Yechezkel Halevi ben Sara Malka
Yochana bas Chana	Reuven Simcha ben Naomi Rus
Nava bas Fruma Leah	Yonah Michael Alter ben Esther Sarah
Basha Leiba bas Baila Fruma	Aryeh Nachman HaCohen ben Ita
Simcha bas Tziporah	David Shlomo ben Rivka Tehillah
Malka Esther bas Devorah	Koppel ben Bayla
Devorah bas Ruchel	Abraham ben Iza
Tzipora Aviva bas Rivka	Yehudah Ben Batya
Sara Bas Sara	Rafael Messod ben Naomi Sarah
Miriam Rochel bas Chava Elisheva	Eliezer ben Sara
Kayla Dodie bas Rochel Bracha	Avraham Beryl HaLevi ben Miriam
Rochel Bracha bas Baila	Yissachar ben Rachel
Tirtze Sorah bas Rochel Bracha	Binyamin Leib ben Rachel Chana
Rivka Tehillah bas Sarah	Nosson Yitzhak Ben Leah
Hinda bas Dena	Moshe ben Raizel
Shula bas Carmela	Eliezer ben Penina Kaila
Eliana Chaya bas Nacha	Meir Yehoshua ben Penina Kaila
Adi Simcha bas Penina Leah	Beryl ben Chava
Aida Batya bas Etta	Shmuel Yeruchem ben Baila
Chaya Tova Gittel bas Shulamis Sima	Yehoshua ben Nechama Aliza
Bayla Mishka bas Devora	Avraham ben Chana
Malka Chana bas Ruchel	Asher Eliyahu ben Leah
Sarah bas Tzipora	Akiva Hillel Ben Cooki Tziporah Feige Gittel
Chaya Raizel bas Dena	Yehuda Herschel ben Chaya Leah
Chana bas Sarah	Dovid Leshem ben Esther
Adi Bat Miriam	Abba ben Tzipora
	Pesach ben Baila
	Rachmiel Leib ben Mordechai HaLevi
	Chaim Rafael Yoel ben Shayna Golda
	Daniel Yosef ben Miriam
	Moshe Yosef ben Esther
	Reuven HaCohen ben Sarah
	Eitan Shmuel bas Chana Leah
	Eliezer Yehuda ben Chana Shaindel
	Yisroel Shmuel ben Sarah
	Chaim Shmuel ben Rivka
	Eliyahu Aron ben Hudel
	Sholom Yehuda ben Fayga
	Tinok ben Rochel
	Shlomo Yoel ben Chaya Leah
	Chanina Getzl ben Chana Fradel
	Meyer Yisroel Hirsch ben Zahava Zippora
	Shlomo ben Na'ami
	Eliyahu Yaakov ben Sarah Roiza
	Yitzhak Mordechai ben Yehudis Sima
	Chaim bas Shifra
	Dovid Avraham HaCohen ben Libby Yeshia
	Yehudah Leib ben Lenora Daniella
	Yosef Tzvi ben Rochel Pessil
	Chaim Yaakov ben Avigail Dovid
	Moshe Yosef ben Esther
	Yonasan Yisroel ben Devorah Rivka
	David Shlomo ben Gittel
	Ezra Chaim ben Rivka
	Mordechai Dovid ben Leah
	Chaim Refael ben Naomi
	Berel Dovid ben Molly

## THE B'NAI ISRAEL CALENDAR AT A GLANCE

### **Week of July 22nd through July 28th**

**Shabbos, July 28th:** Shalosh Seudos in memory of Allen S. Bridge, DDS by his family

### **Week of July 29th through August 4th**

**Shabbos, August 4th:** Chai Kiddush

### **Week of July 5th through August 11th**

**Shabbos, August 11th:** Bar Mitzva of Coby Schwartz

**Shabbos, August 11th:** Shalosh Seudos in honor of Mordechai Schoenfeld (Bo B'Yomo)

### **Week of August 12th through August 18th**

**Shabbos, August 18th:** Bar Mitzva of Mordechai Schoenfeld

### **Week of August 19th through August 25th**

**Shabbos, August 25th:** Kiddush in honor of the 50th Wedding anniversary of Harold & Susan Loiterman

**Shabbos, August 25th:** Bar Mitzva of Sholom Brashevitzky (Chabad)

### **Week of August 26th through September 2nd**

**Shabbos, September 2nd:** The 2nd Annual Ann Zukerman Scholar in Residence with Rabbi Yitzchok Adlerstein of the Simon Wiesenthal Holocaust Center

### **Week of September 3rd through September 8th**

**Monday, September 4th:** Labor Day

### **Week of September 9th through September 15th**

**Sunday, September 9th:** Erev Rosh Hashana

**Monday, September 10th:** First day of Rosh Hashana 5779

**Tuesday, September 11th:** Second day of Rosh Hashana

**Tuesday, September 11th:** Tashlich at the Hague

**Wednesday, September 12th:** Tzom Gedalia

**Shabbos, September 15th:** Shabbos Shuva

### **Week of September 16th through September 22nd**

**Tuesday, September 18th:** Erev Yom Kippur / Kol Nidre

**Wednesday, September 19th:** Yom Kippur

### **Week of September 23rd through September 29th**

**Sunday, September 23rd:** Erev Sukkos

**Monday, September 24th:** First day of Sukkos

**Tuesday, September 25th:** Second day of Sukkos

**Wednesday, September 26th:** Chol Hamoed Sukkos

**Thursday, September 27:** Chol Hamoed Sukkos

**Friday, September 28th:** Chol Hamoed Sukkos

**Shabbos, September 29th:** Chol Hamoed Sukkos

### **Week of September 30th through October 6th**

**Sunday, September 30th:** Hoshana Raba

**Sunday, September 30th:** Erev Shmini Atzeres

**Monday, October 1st:** Shmini Atzeres

**Tuesday, October 2nd:** Simchas Torah

## NACHAMU

By Rabbi Sender Haber

Moshe addressed the Jewish people before his death and talked to them about his expectations. He had led the Jewish people out of Egypt and given them the Torah, but he worried that they would rebel after his death. He wasn't just worried about a kvetching rebellion. Moshe predicted that the Jewish people will turn their backs on G-d and worship idols. Can you imagine? After everything Moshe put into the Jewish people and after all the growth that they had seen, he was still worried that they would rebel, and in the worst possible way.

At the same time, this Shabbos is Shabbos Nachamu – the Shabbos of comfort. It marks the first week of our recovery after three weeks of reliving the destruction of the Beis Hamikdash and Yerushalayim and all of the troubles that we experience and have experienced personally and as a nation. This Shabbos is when we get up off the floor and begin to accept comfort from Hashem.

The Gemara in Shabbos tells us that Hashem went to Avraham and Yitzchak and told them that the Jews deserved destruction. They agreed in order to sanctify Hashem's name. Only Yitzchak stuck up for the Jewish people. He said "they are not just my children; they are your children too".

We usually look at Yitzchak as the disciplinarian of the forefathers. We discuss the fear of Yitzchak. The fear that Yaacov had of Yitzchok. The insistence of Yitzchok to do exactly what was proper no matter how difficult. Why would Yitzchak be the one to provoke mercy on us?

The answer is that the discipline that leads to punishment must also lead to reward. If we were punished then we must be comforted because we deserve that as well. In fact we deserve double comfort because our judgment was so strict.

This is the Nechama of Nachamu. We have a strict G-d, but He is strict in our favor as well.

Rav Moshe Feinstein was a rav in the Soviet Union in a town called Luban. He did not give a sermon every week, but he would speak six times a year on Shabbos Hagadol, Shabbos Shuva, Shavuos, Succos, the seventh of Adar, and Shabbos Nachamu.

Rav Moshe kept very clear notes of these long and involved talks. He considered them to be the most valuable of his writings.

On Shabbos Nachamu, 1922, Rav Moshe tried to comfort his people. Instead of talking about the victims of recent pogroms, he talked about the attackers. They had been savage beasts with no trace of goodness. They did not seem to have any humanity in them at all. How was it possible for a person to become so bad?

Rav Moshe went on to point out the great scholars and sages throughout our history. These people were perfect, exemplary role models of what a person can become.



The only conclusion that we can draw is that the human being is a very complex blend of the holy and the mundane. People can be animals and they can act with no mercy. But those same people have the ability to be the greatest, most sensitive and caring saints. We can do it. We have it in us.

Rav Moshe comforted his people by restoring their faith in their own humanity. As bad as people are, they have a potential for goodness as well. That never goes away.

Rabi Akiva said "Chaviv Adam Shenivra B'tzelem - Man is beloved because he was created in the image of G-d". No matter how terribly people act or how badly we rebel, we are still created in the image of Hashem.

Rav Moshe told his people that the whole world, with all of its suffering and insanity is worthwhile, if just one human being recognizes his or potential for holiness.

Hashem never gives up on us, and our potential for holiness never goes away. Hashem's strictness and our human nature can work in our favor too. That is the greatest Nechama.