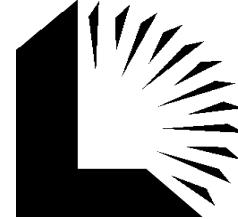


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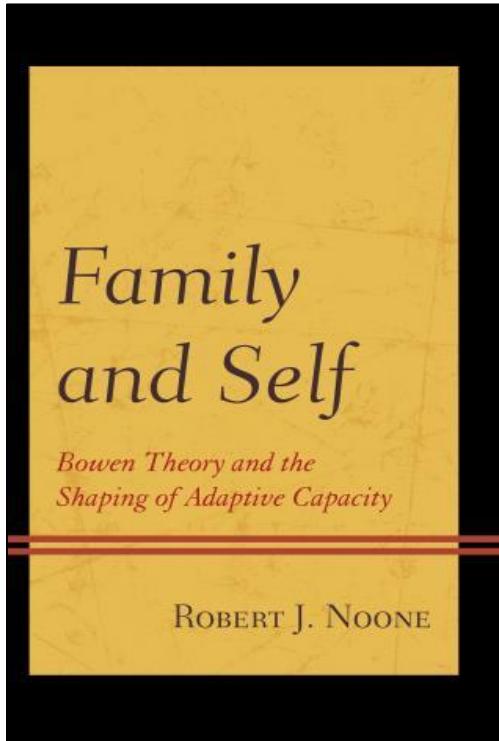


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### BOWEN THEORY AND THE SHAPING OF ADAPTIVE CAPACITY

By Robert J. Noone



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#### ABOUT THIS BOOK

Family psychiatrist and researcher Murray Bowen's effort to contribute to a science of human behavior led to the famous Family Study Project at NIMH and the later development of a formal theory of the family and its clinical application. Later known as Bowen theory, it represented a radical departure from the individualistic paradigm predominant in psychiatry. Following Bowen's mode, this book examines the interplay between the individual and the family in shaping the differential capacity to effectively adapt to life's many challenges.

#### ABOUT THE AUTHOR

**Robert J. Noone** is faculty at the Center for Family Consultation and the Bowen Center for the Study of the Family.

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