# RESOURCE ZONE

Virtual Appointment Hours - 9 am to 3 pm Employment / Family Assistance - lallouch@icgc.us Food / Hygiene / Govt. Benefits - jothman@icgc.us K-12 Tutoring & Adult ESL - mireutter@icgc.us

APR 2020

ICGC SOCIAL SERVICES



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Indeed, with every hardship come ease.

Quran 94:5 Surah Al-Inshirah

## WHAT THE CENSUS MEANS TO US?



The Islamic Center of Greater Cincinnati's mission of uplifting lives through service to its neighbors and community is passionately realized by its Social Services team everyday. We exist to serve families who despite their hard work and efforts continue to struggle for self sufficiency.

One of the reasons we champion engagement towards the **2020 Census** is because nearly 90% of those we serve are food insecure and approximately 25% rely heavily on benefits such as food stamps.

According to the United States Department of Agriculture (USDA), which manages the SNAP program, families rely on such assistance "so they can purchase healthy food and move towards self-sufficiency,"

The Census Bureau reports that nearly half of the American households receiving SNAP (Supplemental Nutrition Assistance Program) either have a child living in the household or someone with a disability. SNAP receives approximately \$71 billion a year in federal funds, based on information from the Census. The 2020 Census will help federal, state and local officials not only plan but allocate funding towards SNAP and other federal nutrition programs for the next 10 years which is why we encourage all community members to participate & fill out the survey today. It's simple, online & takes less than 10 minutes.

#### MARCH UPDATES!



We pray that this message finds you all safe and well as we continue to encounter challenges affecting our neighbors, families, businesses, communities, and way of life in an unprecedented way.

As ICGC continues with its cancellation of all on site activities until further notice, the Social Services team has been hard at work to ensure there is no disruption in our services and we continue to meet the needs of our neighbors even more so now.

In March we served 300+ individuals through our pantry, more than 30 individuals were provided employment support and over \$5000 paid towards rent and utility payments. In addition our K-12 Tutoring & Adult ESL remote learning program continues to streamline efforts to get all students online.

We will continue to share updates inshAllah and we thank everyone for their duas and donations thus far and look forward to your continued support in the upcoming months as well. Stay Safe!

## ADDITIONAL RESOURCES - OHIO DEPT. OF HEALTH



The Ohio Department of Health has a lot of information on their website pertaining to COVID-19. Visit coronavirus.ohio.gov.

For answers to your COVID-19 questions, call 1-833-4-ASK-ODH (1-833-427-5634).

If you or a loved one are experiencing anxiety related to the coronavirus pandemic, help is available.

Call the Disaster Distress Helpline at 1-800-985-5990 (1-800-846-8517 TTY) or connect with a trained counselor through the Ohio Crisis Text Line by texting the keyword "4HOPE" to 741 741; or call the Ohio Department of Mental Health and Addiction Services helpline at 1-877-275-6364 for resources in your community.

Additional resources:

COVID-19 Shopping Checklist: https://coronavirus.ohio.gov/wps/portal/gov/covid-19/home/covid-19-checklists/shoppingchecklist-covid-19checklist

Ariadne Labs: Importance of Social Distancing: https://www.ariadnelabs.org/resources/articles/news/social -distancing-thisis-not-a-snow-day/

