

FREE!

The Christ Hospital Health Network South Asian Comprehensive Cardiovascular Center, SACCC Public Forum: A Discussion on Cardio Vascular Risk in South Asians by an Expert Panel



WHEN: SATURDAY, NOVEMBER 2nd, 2019
8:30 A.M. - 11 A.M.

WHERE: THE CHRIST HOSPITAL
6th FLOOR
JOINT AND SPINE CENTER
2139 AUBURN AVE.
CINCINNATI, OH 45219

Navigating Heart Disease and the best treatment options is more complicated today than ever before. Although there's an abundance of healthcare information readily available for you and your family, it can often be confusing and complex to navigate on your own.

That's why a group of dedicated physicians at The Christ Hospital Health Network created this Event that focuses on various heart health topics, including prevention and medical intervention options for all types of heart issues, anchored by a panel of physicians.

AGENDA:

- **Opening Remarks**
Gene Chung, MD and Debbie Hayes, COO
- **Key Note: Tim Henry, MD** - "Why is this topic relevant at this time" - Review recent press, etc.
- **Santosh Menon, MD** - Overview- including Masala Study, demographics, what are the risk factors
- **Meenakshi Iyer, MD** - Metabolic Syndrome in South Asians
- **Preeti Bansal Krishisagar, MPH, RD, LD**
How to adjust your diet to reduce your risk
- **Sunil K. Dama, MD, FCCP** - Sleep Apnea in South Asians
- **Satya Shreenivas, MD** - Approach to patients with established CAD
- **Aruna Puthota, MD** - Family Practice Psychiatry Resident - University of Cincinnati - Psycho-social stressors in South Asians: How to manage them
- **Ghazala Malik, MD** - Emergency Medicine: Chest pain warning signs
- **Sashi Kilaru, MD** - Vascular disease in South Asians: Treatment and prevention
- **Rakhi Srivastava** - The benefits of exercise in South Asians in preventing heart disease
- **Q and A** - all speakers

TO REGISTER FOR THIS FREE EVENT, PLEASE VISIT

www.eventbrite.com/e/cardio-vascular-risk-in-south-asians-tickets-67077483559

513-206-1083

Free Parking | Free Refreshments and Snacks Provided

 **The Christ Hospital**
Physicians
Ohio Heart & Vascular 