



**Coming in January!**

## **FAMILIES FOR HEALTHY TECH USE**

MONTHLY MEETINGS for caregivers of tweens and teens interested in sharing resources, advice, and support for healthy and safe technology use. The first meeting is Tuesday, January 24th, at a location TBD. For more info, contact [whcommunityofconcern@gmail.com](mailto:whcommunityofconcern@gmail.com).



*From our archives*

### **SCREEN TIME, SOCIAL MEDIA & YOUTH MENTAL HEALTH**



**[CLICK FOR WEBINAR RECORDING & RESOURCES](#)**

*Related webinar*

### **CT TEENS SHARE THEIR INSIGHTS ABOUT SOCIAL MEDIA**

**JAN 11TH, 2023, 6-7 PM**



**[CLICK TO REGISTER](#)**