

Be WELL



Early detection is one of your best front line defenses to treat most problems earlier and with greater success - improving healing and recovery, and minimizing avoidable complications and costs.

OFF-SITE WELLNESS SCREENING

Confidential Wellness Screening - \$56.00

- Lipid/Chemistry Profile & Complete Blood Count (CBC)
- Blood Pressure Screening

REGISTER **TODAY** TO VISIT A LOCAL LAB FOR YOUR SCREENING!

1. To sign-up for the wellness screening, email psc@hmi.health or call 847-635-6580.
2. You will receive the necessary form to fill out and return to HMI.
3. Payment is due before you visit the lab. If mailing in your form, please include your check. If email/faxing form in, you will be contacted for credit card payment via phone.
4. Once we receive your form & payment, you will be sent a confirmation order and further instructions to visit the lab (Quest Diagnostics) for your screening.

***REMINDER:** PLEASE FAST 8 hours and it is strongly recommended to drink 2 glasses of water 1-2 hours before your screening.

THE DEADLINE TO GO TO THE LAB IS: 06/01/19

Contact Marcia Smith at: parishnursemarcia@gmail.com with questions.

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WELLNESS SCREENING DETAILS

LIPID/CHEMISTRY & CBC PROFILE

CORONARY HEART DISEASE & DIABETES	COMPLETE BLOOD COUNT	KIDNEY & LIVER FUNCTION	INFECTION & NUTRITION
Glucose	Red Blood Cells	BUN & Creatinine	Albumin & Globulin
Total Cholesterol	White Blood Cells	Potassium	Total Protein
HDL (Good Cholesterol)	Hemoglobin	Sodium & Chloride	Uric Acid <i>Metabolic Metabolism</i>
LDL (Bad Cholesterol)	Hematocrit	Magnesium	Calcium <i>Bone Metabolism</i>
Cholesterol Ratio	Platelet Count & Differential	Alkaline Phosphatase	A/G Ratio
Triglycerides	Red Blood Cell Distribution	Total Bilirubin	Iron
	MCH, MCHC, MCV	ALT, AST & GGT	T4 (Thyroid)

ADDITIONAL SCREENINGS

- Additional screenings are available in addition to the basic screening.

TEST NAMES	Cost
Prostate Specific Antigen (PSA) for men	\$43.00
Vitamin D Total	\$30.00
Hemoglobin A1c	\$35.00
Menopause Profile	\$50.00
Testosterone (<i>Males Only</i>)	\$47.00
Vitamin Deficiency Anemia (<i>Vitamin B12 & Folate</i>)	\$37.00
Advanced Thyroid Profile	\$30.00
ColoCARE®	\$6.00

FAQ

How do I receive my results? You will receive a results packet in the mail within 2 weeks of the screening.

Is the screening confidential? YES. HMI complies with all current HIPAA requirements, ensuring each individual's confidentiality.

Follow Up? There will be a follow up held at Immanuel Lutheran Church (1500 W. Elmdale, Chicago) at 1:00 pm. on Saturday, June 15th! Bring your results packet with you to this event.



Health Maintenance Institute
847-635-6580

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