You are invited to a Virtual Women's Retreat



Wisdom For The Seasons of Life

WHAT I WISH I HAD KNOWN

January 20th, 2024 9am to 12pm

As the seasons change, so do the challenges and opportunities that come with them. In recognition of this, we are delighted to invite you to this virtual women's retreat. Come together to explore the wisdom we gain from God and one another as we navigate this current season of our lives with greater ease and a stronger sense of purpose.

Together, we will:

- gently dismantle the walls that stand in the way of us wholeheartedly welcoming love
- master the hormonal rollercoaster for a smoother ride
- practice soul care: discover ways to nurture your inner soul

PRESENTED BY:



Angela Stephenson
Living Abundantly Ministries



Julie Hardwick
Certified Holistic Health Coach



Maryanne Kyle-Di Pietropaolo



Henrieta Ribeiro

Intentional Energy 3

Register here or at tinyurl.com/wisdomwomen

SCAN ME

Email us at info@ie3.life

Sponsored by the Synod of Lincoln Trails Presbyterian Women