

NEW: Gun Violence Prevention Conversation Series: The Mental Health Factor

Thursday, September 18, 7-8:30 p.m., on Zoom

Mental health plays a significant role in gun violence. From injury to others to death by suicide, addressing the mental health crisis is a critical step toward reducing gun violence.

Join us for this latest installment of the Gun Violence Prevention Conversation Series to commemorate Suicide Prevention Month and hear from a panel of experts on the intersection of mental health issues and gun violence. Presented by the diocesan Gun Violence Prevention Task Force.

[Register.](#)

NEW: Diocesan-wide Mental Health First Aid Training

Saturday, October 4, 9 a.m.-5 p.m., The Station at St. Paul's, Winston-Salem

Register by September 26. Space is limited to the first 30 participants.

The church often acts as the first line of defense by providing support and resources for those who are struggling. Studies show that among religious people seeking treatment, approximately 25% turn to the church first for help. This course, led by Demetria Nickens, is a way to equip our laity and clergy with the necessary skills to identify signs and symptoms of mental health issues and to respond effectively to these indicators.

Mental health first aid is a comprehensive course that equips participants with the skills to assist those developing mental health problems or experiencing a mental health crisis. With the evidence-based practices provided by this program, individuals can actively contribute towards building mental health literacy and better respond to signs of mental illness.

The \$25 fee includes lunch and materials. Scholarships are available.

[Learn more and register.](#)

NEW: Confronting Whiteness

Wednesdays, September 24-December 10, 11:30 a.m.- 1 p.m., on Zoom*

**The class will skip October 8 and 29.*

In a partnership between the diocesan discipleship team and the Racial Justice and Reconciliation Committee (RJRC), the diocese is offering Confronting Whiteness. Over the course of nine weeks, participants will explore confronting whiteness together through the lens of Black authors, artists, poets and filmmakers. Their experiences and perspectives can help us see ourselves in new ways. As a participant, you will read, watch and listen to examine and share what you learn about confronting whiteness and yourself.

The fee for the class varies; click "learn more" to see the payment scale.

[Learn more and register.](#)

Durham Pride Eucharist

Sunday, September 28, 6 p.m., at St. Joseph's, Durham

The service will conclude the weekend's Pride festivities. A festive dessert reception will follow the service. All are welcome!

Grounded in Hope: Interfaith Creation Care of the Triangle Conference

Saturday, September 20, 12-4:30 p.m., Chapel of the Cross, Chapel Hill

Join Interfaith Creation Care of the Triangle for an afternoon "Grounded in Hope," full of inspiration, education, lunch and fellowship with distinguished speakers, ICCT colleagues, partners and guests.

Highlights of the afternoon include:

- "Grounded Hope in the Face of Ecological Loss," the keynote address and workshop led by Rev. Dr. Jerusha Matsen Neal, associate professor of homiletics at Duke Divinity School;
- Facilitated luncheon table conversations on a variety of creation care topics;
- "Causes for Optimism in the Energy Transition" main presentation and Q&A with John Morrison, PhD;
- Time to walk and wonder, reflect and meditate in the beautiful, adjacent Coker Arboretum; and
- A closing musical celebration.