

New: Keep Watch: A Mental Health and Suicide Prevention Training
Thursday, October 10, 7-9 p.m., via Zoom

Join the diocesan youth ministry department for a mental health and suicide prevention training for parents and adults, especially those working with young people. This training comes from the Diocese of Atlanta and is informed by Scripture, the Book of Common Prayer, statistical data and evidence-based resources. The training is conducted by Holle Tubbes, director of Keep Watch. If you have any questions, [contact Leah Dail](#).

[Register.](#)

NEW: Youth Confirmation Preparation Class

Mondays in October, 7-8:30 p.m., via Zoom

Begins October 7

The diocesan youth missionaries are offering an online confirmation preparation program using a curriculum they created based on Jenifer Gamber's *Your Faith, Your Life*. The classes will be a mix of videos, reading, online weekly meetings, activities and one-on-one sessions with an adult mentor and a priest.

[Register.](#)

NEW: "Cultivating Spiritual Sustainability" with Bishop Marc Andrus

Saturday, October 26, 9 a.m. - 2 p.m., at Chapel of the Cross, Chapel Hill

You are invited to a special day with Bishop Marc Andrus, former bishop of California, who will lead a workshop entitled, "Cultivating Spiritual Sustainability: Growing a Renewable Garden in Our Souls." Drawing on readings from the Gospel of John, we will consider how Jesus – the Bread of Life and Heaven – is the food that lasts and gives eternal life. Dr. Sheila Andrus will introduce the carbon tracker *SustainIslandHome*. Attendees will imagine the ways a commitment to Creation Care is also a cultivation of spiritual growth. The workshop includes lunch.

[Register.](#)

2025 Introduction to Dismantling Racism Dates Available

Plus one more 2024 date!

A partnership among diocesan staff, the Racial Justice and Reconciliation Committee and notable consultants such as Dr. Catherine Meeks of the Absalom Jones Center in Atlanta, "Introduction to Dismantling Racism: Reclaiming Our Baptismal Promise" is an interactive workshop designed to deepen spiritual commitment to dismantling racism as participants in the Jesus Movement. Through presentations, prayer, story sharing, videos and small group discussion, participants explore how the sin of racism impacts all lives.

2024 Date:

- October 25, 5-8 p.m., and October 26, 9 a.m.-1:30 p.m. [Register.](#)

2025 Dates:

- January 26, 5-8 p.m., and January 27, 9 a.m.-1:30 p.m. [Register.](#)
- March 29, 5-8 p.m., and March 30, 9 a.m.-1:30 p.m. [Register.](#)
- June 21, 5-8 p.m., and June 22, 9 a.m.-1:30 p.m. [Register.](#)
- July 26, 5-8 p.m., and July 27, 9 a.m.-1:30 p.m. [Register.](#)
- August 8, 5-8 p.m., and August 9, 9 a.m.-1:30 p.m. [Register.](#)
- September 27, 5-8 p.m., and September 28, 9 a.m.-1:30 p.m. [Register.](#)