

# MHI WEEK

## AT IMSA

**MONDAY**

*Oct. 20*

**TIME**

**EVENT**

11:35 a.m. - 12:10 p.m.

**Live! Pizza and Podcast  
(with special guest)**  
IN2 Learning Labs

4:30 p.m. - 5:30 p.m.

**Build Emotional Support  
Stuffed Animal**  
[RSVP](#) TV Pit

**TUESDAY**

*Oct. 21*

4:30 p.m. - 5:30 p.m.

**SPA Night w/Psy Club**  
IN2

**WEDNESDAY**

*Oct. 22*

4:30 p.m. - 6:30 p.m.

**Therapy Dogs**  
[RSVP](#) E121

**THURSDAY**

*Oct. 23*

4:30 p.m. - 5:30 p.m.

**Self Care Night w/NAMI  
and a Raffle**  
MHD Lounge

**FRIDAY**

*Oct. 24*

6:30 p.m. - 9:00 p.m.

**Stress Break & Campfire  
w/S'mores**  
05 Slabs Fire Pit