

# Route Directions



## **Family Cycle to BDI 5km Ride**

Start Time: 10:45am

1. Leave Riverview Health Centre to Oakwood
2. Oakwood to Eccles
3. Eccles to Churchill Drive
4. Churchill Drive to Jubilee
5. BDI – 766 Jubilee Ave.

**\*\*Note: BDI opens at noon.\*\***

## **20 km Ride**

Start time: 10:00am

1. Leave Riverview Health Centre to Oakwood.
2. Right on Oakwood to Eccles.
3. Right on Eccles to Churchill Drive.
4. Left on Churchill Drive to Jubilee.
5. Left on Jubilee to Riverside Drive – one street past the BDI.
6. Left on Riverside Drive to North Drive.
7. Left on North Drive to Netley.
8. Right on Netley to Oakenwald.
9. Left on Oakenwald to North Drive.
10. Right on North Drive to South Drive.
11. Right on South Drive to Crescent Drive.
12. Left on Crescent Drive into Crescent Drive Park.
13. Refreshments, water and washrooms available in park.
14. Follow road through the park to South Drive.
15. Right on South Drive.
16. Follow same route back to Riverview Health Centre.

## **Olympia Cycle & Ski on Portage 65 km Ride**

Start Time: 8:30am

1. Leave Riverview to Oakwood.
2. Right on Oakwood to Eccles.
3. Right on Eccles to Churchill Drive.
4. Left on Churchill Drive to Jubilee.
5. Left on Jubilee to Riverdale Street (BDI Location).
6. Cross Elm Park Bridge.
7. Continue on Riverdale Drive to Kingston Crescent.
8. Left on Kingston Crescent.
9. Merge with Kingston Row.
10. Follow Kingston Row and turn right to ride south on Dunkirk Drive.
11. Follow Dunkirk, then turn right on St. Vital Road
12. Turn left on River Road.
13. Follow River Road approximately 6 km, then turn right on St. Mary's Road.
14. Ride south on St. Mary's Road 16 km. This will take you over the overpass, continue taking Provincial Road 200.
15. St. Mary's Rd. becomes Main Street in St. Adolphe (washrooms, water & nourishment available).
16. Turn right at Cartier, also called #210 West.
17. Follow Cartier and take the off ramp right, heading north on Hwy 75.
18. Follow Hwy 75 approx. 1 km.
19. Turn right at Kelburn Road (this turns into Red River Drive.)
20. Follow Red River Drive approx. 10 km until it becomes Turnbull Drive.
21. Take Turnbull and ride north on to Pembina Hwy.
22. Turn right on Cloutier just before the perimeter
23. Follow Cloutier under the perimeter. Cloutier becomes Kilkenny Drive.
24. Follow Kilkenny Drive until it becomes King's Drive.
25. Follow King's Drive, then take a right at Freedman Crescent.
26. Follow Freedman Crescent until it becomes Saunderson Street.
27. Follow Saunderson until it becomes Dysart Road.
28. Follow Dysart Road and stay right to follow Sifton Road for approximately 180m.
29. Turn right off of Sifton Road and follow the bike path and signs until joining up to D'Arcy Dr.
30. Follow D'Arcy Dr. and turn right at the Awasiak-Meskanow Greenway.
31. Stay on the right-handed path of the Awasiak-Meskanow Greenway, and follow it under Abinojii Mikanah, all the way around to Plaza Drive.
32. Exit the Greenway at Plaza Drive and follow Plaza Drive until it comes out to Pembina Highway.
33. Follow Pembina Highway to Crescent Drive.
34. Turn right on Crescent Drive.
35. Go into the park (refreshments/ washrooms).

**Thank you for participating!**