



5 km Route Directions

Start time 10:45 a.m.

1. Leave Riverview Health Centre to Oakwood
2. Oakwood to Eccles
3. Eccles to Churchill Drive
4. Churchill Drive to Jubilee
5. BDI – 766 Jubilee Ave. ****Note: BDI only opens at noon.****
6. Head back down Jubilee towards Churchill Drive
7. Turn right on Cockburn Street until it turns into Churchill Drive, keeping following Churchill
8. Turn left onto Eccles from Churchill
9. Turn Right onto Oakwood Avenue
10. Welcome back & join us for lunch in the cafeteria/courtyard!

