LUTHERAN THEOLOGICAL SOUTHERN SEMINARY
LENOIR-RHYNE UNIVERSITY



SPIRITUAL DIRECTION

CERTIFICATION PROGRAM

ROOTED IN FAITH. FORMED TO LISTEN.

We believe Holy Listening is at the core of spiritual direction. It's listening to one another and most attentively to the promptings of the Holy Spirit. The real and most genuine spiritual director is always the Holy Spirit.

Our primary purpose is to train people who feel called to be such spiritual companions; however, those who are interested in deepening their own spiritual practices are also welcome. We are grounded in the Christian faith. Drawing from the deep well of Christian history and tradition of spiritual direction, we form students in an ecumenical practice of holy listening.

PROGRAM COST

$4,500

TOTAL PROGRAM COST

- Tuition
- Room/Board during intensives

Students can choose biannual or monthly payment plans.

Learn more by visiting *lr.edu/spiritual-direction-certification* or scanning the QR code.

APPLICATION REQUIREMENTS

- Online application form with a brief essay on your spiritual life
- 2 letters of recommendation- one from a faith leader or spiritual director, the other from a peer or professional contact
- Agreement to a background check
- $40 deposit required upon acceptance to the program

APPLICATION DEADLINE

September 1st



PROGRAM OVERVIEW.

- Four in-person intensives at Lutheridge Camp and Conference Center in early February and August, run from Wednesday at 2pm to Saturday at noon
- Small member cohorts, along with eight-person peer groups, each supported by an experienced mentor
- Monthly Zoom calls with peer group and mentor
- Self-paced learning between intensives with reading and reflective writing, hosted on Canvas, our learning platform
- Practice based-with a monthly meeting with your own spiritual director, and work with your chosen directee in the second year of the program



"The Spiritual Direction Certification Program provided me with the necessary knowledge, engagement and experiences to understand the value of Spiritual Direction, and is truly a gift to humanity. The diversity of the cohort was enriching. The peer groups gave me the opportunity to be transparent and supportive."
- Elder Anita Harvin



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