

Helpful Ideas from All Those “Leading in a Crisis” Emails We Are Receiving
Curated by John Wertz, Jr.
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1. **“Working through the grief and loss is a ragged process of fits and starts, good days and bad days. . . . Don’t be surprised if you see evidence of this emotional journey in yourself, in your congregation, and in your neighborhood.”** – Helpful article from the focused on addressing the emotional journey of a crisis from Dwight Zscheile:
<https://faithlead.luthersem.edu/mapping-whats-ahead-the-emotional-journey-2/>
2. **“As this moment will define a generation, it has the ability to shape our pastoral vocations, calling us to an urgent sense of societal chaplaincy. Societal chaplaincy involves broadening comprehension of our call to include community-wide and societal well-being.”** – Pastor Robert Smith addresses the long-term impact on ministry in a society that will be changed by COVID-19: <https://www.ntnl.org/societal-chaplaincy-preparing-for-the-storm-to-come/>
3. **“For too long, some church leaders have devised strategies to get guests to “come to church.” The pandemic has forced them to see that the church building is only a gathering point, not an ultimate destination.”** – Thom Rainer talks about five ways that pastors will be different after the pandemic including his idea that in this time many congregations are re-engaging and re-discovering their communities.:
<https://thomrainer.com/2020/04/five-ways-you-will-be-a-different-pastor-after-the-pandemic/>
4. **“Remember, this moment in time is really going to be messy. As for the grief, feel it, name it, claim it, and tame it.”** – Amy Sander Montanez, D. Min., LPC, LMFT offers a thoughtful reflection on the grief that many are experiencing as we deal with the impact of COVID-19.: <https://www.messymarvelous.com/year-2020-skill-4-feel-name-and-tame-the-grief/>
5. **“So how can we stay stable and sane in the middle of such uncertainty? Here are a few ideas that are especially helpful for pastors and other leaders”** – Karl Vaters offers 11 ideas self-care ideas for leaders in the midst of the pandemic.:
<https://www.christianitytoday.com/karl-vaters/2020/april/self-care-barely-holding-on.html>