

Free Mental Health First Aid Training

Behavioral Health Services at Sentara in partnership with Virginia Department of Behavioral Health and Developmental Services and the Sentara Foundation invite you to a free training that will equip you to better care for the community.



What: Mental Health First Aid Training

Who: All faith leaders

Spots are Limited!

Virtual Class Schedule: 8am – 5pm

Date	Location
8/22/2024	Virtual Only
8/27/2024	Virtual Only
8/29/2024	Virtual Only
9/3/2024	Virtual Only
9/5/2024	Virtual Only
9/10/2024	Virtual Only
9/17/2024	Virtual Only
9/24/2024	Virtual Only
9/26/2024	Virtual Only
10/1/2024	Virtual Only

In Person Class Schedule: 8am – 5pm

LUNCH PROVIDED!

Date	Location
8/24/2024	Cornerstone Worship Center 55 Tide Mill Lane Hampton, VA 23666
9/12/2024	The Life Church RVA 5515 Bryce Lane Richmond, VA 23224

For questions or to register for your class, please email Emily Christianson at exchris3@sentara.com

Please include: Full Name, Email, Mailing Address, Church/Faith Affiliation and desired class date