



## Medical Minute – July 5, 2024

It's been quite a while since I did one of these, hope you enjoy.

1. The brain is more active while asleep than when watching TV. Says something about TV, doesn't it?
2. The human body contains enough lead to produce 900 pencils. See? They aren't kidding when they say to get the lead out!
3. It also contains enough phosphorus to produce 2200 match heads. I can light up your world.
4. About 500 sticks of chalk can be made from all the calcium found in the body. That's a lot of sidewalk hopscotch! Remember doing that?
5. The human body can produce over 7,000 different types of sounds. These are not all from our mouths, either, just saying...
6. Humans have fewer muscles than a caterpillar! We have about 650 compared to 4000 for a caterpillar. It's true, we can't wiggle like them, well, some parts that I would rather not wiggle can, and do.

The human brain can generate 23 watts of power when awake. That doesn't seem very bright to me, I'm sure I'm at least 60 watts.