## Be Inspired for a Week!

Life is hard and sometimes we just need a little push to make it through another day when the wine bottle is empty. Here are 7 tips to inspire you:

- 1. Happy is a decision you can make.
- 2. More blessings are on their way.
- 3. You are braver than you know.
- 4. One smile sparks another.
- 5. Fun is still the best cure there is, and so is laughter.
- 6. Hope helps, hope heals.
- 7. A prayer is a wish with wings.

I'm sure you can come up with more, but it's a start to make us be more alive and thank God for our blessings that he has already given us. Just remember, Jesus Loves You!

