

Keeping It Clean

1. Combination Solvents: (Shout, Spray 'n Wash) are all purpose stain and grease removers.
2. Mineral Spirits: For greasy stains, like tar.
3. Digestants: (Biz, Era Plus, Persil) contain enzymes that “eat” protein stains like grass, blood, and WINE!
4. Oil Solvents: (K2r, Afta) are dry-cleaning fluids safe for non-washables. Good for greasy stains.
5. Detergent: (Dawn, Palmolive) dishwashing detergent is an effective all-purpose cleaner. Apply it straight, wait 5 minutes, then flush or dab with water.
6. Glycerin, Hair Spray, Denatured Alcohol, are all particularly good for removing ballpoint ink. I think Glycerin is in pretty much all laundry detergents these days, I know Tide, OxiClean, and Purex have it.
7. Bleaches (Clorox) will remove stains and any color, so use on whites only. Less potent than chlorine bleach is lemon juice, white vinegar, hydrogen peroxide, and ammonia.
8. Every nurse knows the best thing to get blood out of clothing is Hydrogen Peroxide, cold water, elbow grease, and patience.



If you need practice at any of this, come and get my laundry anytime. Now I expect you all to be stain free and squeaky clean!