



How very good and pleasant it is when kindred live together in unity!
~ Psalm 133:1

Trinity United Methodist Church Alexandria, Virginia

That's Not Fair!

August 20, 2023
Eleven o'clock in the morning



THE ORDER OF SERVICE

Welcome to worship at Trinity.

Whether you are worshiping in-person or online, we are so glad to worship with you this morning.

*Nursery is offered from 10:45 AM - 12:30 PM in room 105
(down the stairs in the basement, first door on the right) for our youngest worshippers
(birth through early elementary). For children staying in worship,
children's worship boxes are available in the Narthex.*

*For those worshiping online, as we prepare for a time of worship,
we invite you to find an intentional space in your home for worship.*

*We encourage you to light a candle or place something that
reminds you of Trinity or your connection with God nearby.*

***For those worshiping in person please stand in body and/or spirit.
Out of reverence for God and respect for fellow worshipers, please silence all electronic devices.**

* * *

PRELUDE

Cantilena

John Dunhill

WELCOME

Pastor Grace Han

***CALL TO WORSHIP**

As we gather together this morning,
Let us truly seek the face of God.
Open our hearts and our minds
to the power of your Holy Spirit.
Let us truly seek the face of God.
Guide us to seek the truth
and hold fast to what we know is true.
Let us truly seek the face of God.

Pastor Grace Han

***HYMN**

THE GLORY OF THE TRIUNE GOD

64 **Holy, Holy, Holy! Lord God Almighty**



1. Ho - ly, ho - ly, ho - ly! Lord God Al - might - y!
2. Ho - ly, ho - ly, ho - ly! All the saints a - dore thee,
3. Ho - ly, ho - ly, ho - ly! Though the dark-ness hide thee,
4. Ho - ly, ho - ly, ho - ly! Lord God Al - might - y!

Ear - ly in the morn - ing our song shall rise to thee.
 cast - ing down their gold - en crowns a - round the glass - y sea;
 though the eye of sin - ful man thy glo - ry may not see,
 All thy works shall praise thy name, in earth and sky and sea.

Ho - ly, ho - ly, ho - ly! Mer - ci - ful and might - y,
 cher - u - bim and ser - a - phim fall - ing down be - fore thee,
 on - ly thou art ho - ly; there is none be - side thee,
 Ho - ly, ho - ly, ho - ly! Mer - ci - ful and might - y,

God in three per - sons, bless - ed Trin - i - ty!
 which wert, and art, and ev - er - more shalt be.
 per - fect in power, in love and pur - i - ty.
 God in three per - sons, bless - ed Trin - i - ty.

WORDS: Reginald Heber, 1826 (Rev. 4:8-11)
 MUSIC: John B. Dykes, 1861
 CCLI LICENSE: #4022492

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*PRAYER OF CONFSSION AND PARDON

Merciful God,

we confess that we have not loved you with our whole heart.

We have failed to be an obedient church.

We have not done your will,

we have broken your law,

we have rebelled against your love,

we have not loved our neighbors,

and we have not heard the cry of the needy.

Forgive us, we pray.

Free us for joyful obedience,

through Jesus Christ our Lord. Amen.

(All pray in silence.)

Christ died for us while we were yet sinners;
 that proves God's love toward us.

In the name of Jesus Christ, you are forgiven!

In the name of Jesus Christ, you are forgiven!

Glory be to God. Amen.

Pastor Grace Han

CHILDREN'S TIME

Pastor Grace Han
There are children's worship boxes available in the Narthex. If you can't find one, please ask an usher for one. We invite the children who are worshiping at home to pay extra special attention. Each week we will provide and send out the [Children's Worship Bulletins](#) for the children to do during the service.

ANTHEM

Come, Thou Fount of Every Blessing

arr. Mark Hayes

Come, thou fount of every blessing, tune my heart to sing Thy grace; Streams of mercy, never ceasing, call for songs of loudest praise. Teach me some melodious sonnet, sung by flaming tongues above; Praise His name, I'm fixed upon it, name of God's redeeming love. Hither to Thy love hast blest me; Thou hast brought me to this place; And I know Thy hand will bring me safely home by Thy good grace. Jesus sought me when a stranger, wandering from the fold of God; He, to rescue me from danger, bought me with His precious blood. O, to grace how great a debtor daily I'm constrained to be! Let Thy goodness, like a fetter, bind my wandering heart to Thee, Prone to wander, Lord, I feel it, prone to leave the God I love; Here's my heart, O, take and seal it; Seal it for Thy courts above. Copyright © MM by Alfred Publishing Co., Inc. Permission to stream and reprint under ONE LICENSE #A-713613. All rights reserved.

CONGREGATIONAL PRAYER

Pastor Grace Han

LORD'S PRAYER

Our Father,
 who art in heaven, hallowed be thy name.
Thy kingdom come,
 thy will be done on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses
 as we forgive those who trespass against us.
And lead us not into temptation
 but deliver us from evil.
For thine is the kingdom,
 and the power, and the glory forever. Amen.

SCRIPTURE LESSON

[Psalm 133:1-3](#)

Mary Gillman

How very good and pleasant it is
 when kindred live together in unity!
It is like the precious oil on the head,
 running down upon the beard,
on the beard of Aaron,
 running down over the collar of his robes.
It is like the dew of Hermon,
 which falls on the mountains of Zion.
For there the Lord ordained his blessing,
 life forevermore.

GOSPEL LESSON

[Matthew 15:10-28](#)

Mary Gillman

Then he called the crowd to him and said to them, "Listen and understand: it is not what goes into the mouth that defiles a person, but it is what comes out of the mouth that defiles." Then the disciples approached and said to him, "Do you know that the Pharisees took offense when they heard what you said?" He answered, "Every plant that my heavenly Father has not planted will be uprooted. Let them alone; they are blind guides of the blind. And if one blind person guides another, both will fall into a pit." But Peter said to him, "Explain this parable to us." Then he said, "Are you also still without understanding? Do you not see that whatever goes into the mouth enters the stomach and goes out into the sewer? But what comes out of the mouth proceeds from the heart, and this is what defiles. For out of the heart come evil intentions, murder, adultery, sexual immorality, theft, false witness, slander. These are what defile a person, but to eat with unwashed hands does not defile."

The Canaanite Woman's Faith

Jesus left that place and went away to the district of Tyre and Sidon. Just then a Canaanite woman from that region came out and started shouting, "Have mercy on me, Lord, Son of David; my daughter is tormented by a demon." But he did not answer her at all. And his disciples came and urged him, saying, "Send her away, for she keeps shouting after us." He answered, "I was sent only to the lost sheep of the house of Israel." But she came and knelt before him, saying, "Lord, help me." He answered, "It is not fair to take the children's food and throw it to the dogs." She said, "Yes, Lord, yet even the dogs eat the crumbs that fall from their masters' table." Then Jesus answered her, "Woman, great is your faith! Let it be done for you as you wish." And her daughter was healed from that moment.

The word of God for the people of God. **Thanks be to God.**

SERMON

That's Not Fair!

Pastor Grace Han

ANNOUNCEMENTS

Pastor Grace Han

FINANCIAL REPORT

Judith Andrews

INVITATION TO THE OFFERING

Pastor Grace Han

How to give at Trinity:

There are three ways to give at Trinity!

1. Give online through our online donation portal: <https://trinityalexandria.breezechms.com/give/online>.
2. Give by text at 703-783-3034. Just send a text that says "Give" and the Amount.
3. If you prefer to mail in your donation, you can send a check to Trinity Church, 2911 Cameron Mills Road, Alexandria, VA 22302.

For further questions about how to give, visit: www.trinityalexandria.org/giving-at-trinity!

OFFERTORY

Old Hundredth

arr. Piet Post

THE DOXOLOGY

Praise God, from whom all blessings flow;

Praise God, all creatures here below: Alleluia! Alleluia!

Praise God, the source of all our gifts!

Praise Jesus Christ, whose power uplifts!

Praise the Spirit, Holy Spirit! Alleluia! Alleluia! Alleluia!

*OFFERTORY PRAYER

Pastor Grace Han

All good gifts come from you, dear Lord,
and from these riches we bring this offering.

Help us to use it for the furtherance of your purpose in this place,
and for the benefit of those in need. Amen.

*HYMN

We Gather Together

page 6

*DISMISSAL WITH BLESSING

Pastor Grace Han

BENEDICTION RESPONSE

*POSTLUDE

Fugue in C Major a 3

G.F. Handel

* * *

1. We gath - er to - geth - er to ask the Lord's bless - ing;
 2. Be - side us to guide us, our God with us join - ing,
 3. We all do ex - tol thee, thou lead - er tri - umphant,

he chas - tens and has - tens his will to make known.
 or - dain - ing, main - tain - ing his king - dom di - vine;
 and pray that thou still our de - fend - er wilt be.

The wick - ed op - press - ing now cease from dis - tress - ing.
 so from the be - gin - ning the fight we were win - ning;
 Let thy con - gre - ga - tion es - cape trib - u - la - tion;

Sing prais - es to his name; he for - gets not his own.
 thou, Lord, wast at our side, all glo - ry be thine!
 thy name be ev - er praised! O Lord, make us free!

WORDS: *Nederlandtsch Gedenckclanck*, 1626; trans. by Theodore Baker, 1894
 MUSIC: 16th cent. Dutch melody; arr. by Edward Kremser, 1877
 CCLI LICENSE: #4022492

KREMSE
IRR.

SUNDAY MORNING AT TRINITY

The flowers on the Altar are given to the glory of God in loving memory of Roz and Philip Modlin, long-time members of Trinity, on what would have been their 70th wedding anniversary.

It is with deep sadness we share the death of David Frederking. David is the brother of Trinity member, Margaret Barton and brother-in-law of Richard Shullaw. We extend our prayers and sympathy's to David's wife Carole, their two sons, five granddaughters and the Frederking, Barton and Shullaw families.

Nursery is offered from 10:45 AM - 12:30 PM in room 105 (down the stairs in the basement, first door on the right) for our youngest worshippers (birth through early elementary). Led by Ariana Lara and Jada Gragg.

Worship In-person and Online! We worship each Sunday at 11 AM in-person and online (through our website and Trinity's Facebook page). For online worship, visit our website: www.trinityalexandria.org. Each Saturday evening, we will send out an email with links to the worship sites and the bulletin for worship that Sunday. For additional information contact office@trinityalexandria.org.

 **Sign up for Trinity's eCommunications:** Are you wondering what is goes on in the life of our church? Are you looking for ways to get more connected? Or maybe you just want to keep up to date on all the news. Scan the QR code to the left with your camera on your phone to get connected today! For more information contact the Church Office at office@trinityalexandria.org.

FINANCIAL REPORT JANUARY – JUNE OF 2023

This is our second quarterly report on finances for the 2023 fiscal year. When we started the year, we set a goal to raise an \$25,000 more in giving over 2022, which was \$486,176. This means our goal for 2023 is to receive donations of \$511,176. As part of our goal we also committed to keep the church informed of our progress on this effort as well as our overall finance status.

Giving Status

We started off the year with a tremendous amount of giving and have continued the strong trend in the second quarter. So far in 2023 we have received \$322,871. One measure of strong giving is to raise 25% of our need each quarter so through June we should have reached at least 50% of our goal. We achieved 63% so we are doing great! Thank you for your generosity.

However, we still have a challenge ahead of us. Historically, our largest quarters of giving are the last quarter (Oct-Dec) and the first quarter (Jan-Mar). This means we are entering our lowest giving time of the year (July-Sept). I've attached a graph of giving in the past (pre-pandemic). As you will see, our 2023 second quarter performance declined from the first quarter, matching the historical trend.

Financial Status

Of course, we have expenses as well as other receipts (rent from 2nd parsonage, interest, donations from preschool, use of facilities) which gives us our overall financial status. Here is what that looks like:

Year to Date 2023

	Q1	Q2	Total thru June 30, 2023
Total Receipts:	\$177,538	\$165,851	\$343,389
Total Expenses:	\$137,065	\$138,151	\$275,216
Net:	\$ 40,473	\$ 27,700	\$ 68,173

We are doing great for the first six months of the year. Thank you to everyone who has faithfully given to the church this year. It makes all we do possible!

I have one request and a suggestion for those of you who are looking for a way to volunteer your time and talents to Trinity. We have an ongoing need for counters. The counters count the Sunday offering and then prepare the deposit of those receipts to the bank. It will normally only require one Sunday a month. Contact John Cardone, our head counter, at cardoneJ@yahoo.com for more information.

Rich McKinney, Chair of Finance

Chart of Historical Giving



TRINITY CHURCH'S WEEKLY NEWS

Fall Sermon Series (9/10/23 - 10/22/23) - The Secret to Happiness: Reclaiming Joy through Philippians: Are you happy? While everyone wants to be happy, studies show that there has been a rise in unhappiness over the last decade. So what does it mean to be happy? Through this sermon series, we'll look at what Paul's letter to the Philippians teaches us about happiness and more specifically joy. Paul talked about a joy that comes not in present circumstances but in hope, in community, the peace that surpasses all understanding.

Blessing of the Backpacks, Students, & Teachers: As we pray for school starting, next Sunday, August 27th, we will have a special Blessing of the Backpacks, Students, and Teachers! As the school year starts, we want to start the year by praying over all those starting a new school year! We invite all our students (preschool through graduate school) to bring your backpacks (or other devices that need blessing this year). We will provide special backpack tags for each student AND there will be popsicles for everyone after worship!

Trinity's Amazing Grays: Even the dog days of summer won't keep the Amazing Grays down! Trinity's Amazing Grays, a fellowship of folks "of a certain age," will meet for lunch and conversation Thursday, August 24th at Noon in the Fellowship Hall. (Please enter through the main door to the hall, on the Cameron Mills side of the church, behind the parsonage.) Bring a sandwich to share, cut into quarters, and we'll provide the rest. Our Bio Moments series continues with Paul Taylor. (Please be thinking of a passion or interest you'd like to talk about during a future session!) If you need a ride, please contact the Church Office (office@trinityalexandria.org). We hope you'll join us!

Fall Kick-Off Lunch & Ministry Fair: We invite you to Trinity's Fall Kick-Off Lunch & Ministry Fair on Sunday, September 10th! Worship with us at 11 AM and stay for lunch to follow. Trinity will provide a main dish, we invite you to bring a side, salad or dessert to share. We will also have a moon bounce, games, and fellowship as well! For additional information, office@trinityalexandria.org.

Youth Group Kick-Off: Calling all 6th-12th graders! Youth group kick-off will be Sunday, September 10th from 5:30-7:30 PM at Beverley Hills Community UMC! We will learn, grow, serve, and have fun as the body of Christ! We begin with a Parent/Guardian Meeting from 5:30-6:15 (dinner included). Contact our Program Director, Hannah Day Donoghue at programdirector@trinityalexandria.org for questions or concerns and to get added to the email/text chain if you haven't received info yet!

Trinity's **UWF (United Women of Faith)** will have our fall kick off meeting on Tuesday, September 12th, 7:00 PM - 8:00 PM We will meet for a pot luck at Barbara Archey's home: 501 Hilltop Terrace, Alexandria, VA 22301. Everyone is welcome, including first timers! Any questions, please contact Trinity's UWF President, Alva Smircina, asmircina@gmail.com.

Coffee with Pastor Grace: Are you new to Trinity? On Sunday, September 24th at 9:30 AM, we invite you to Coffee with Pastor Grace! This is a casual way to get to know a bit more about Trinity Church and Pastor Grace. A light breakfast will be served. We will gather in the Connecting Room. Children are welcome! For more information and to sign up visit us at www.trinityalexandria.org/new-to-trinity.

Blessing of the Animals, Saturday, September 30th at 9 AM in the Courtyard on Cameron Mills Road side of the church: ALL Creatures Great and Small are invited to be individually blessed. Each pet receives a certificate. Bring a picture of pets unable to attend. Dog treats and water are provided. If you have questions, please text Lucelle O'Flaherty at 703-408-4008.



Trinity Pictorial Directory: In preparation for our 250th Anniversary, Trinity is putting together a pictorial directory! In order to be included, please provide us with your current information for the Directory and your permission to publish by visiting:

www.trinityalexandria.org/trinity-directory. The form may be filled out online and downloaded to submit, or printed out and returned to the Church Office. Note that only **one** form is needed for per family. We also invite you to send your favorite digital family photo to be included in the Directory. If you do not have a photo, please let us know. For questions and to submit your form and picture email us directly at directory@trinityalexandria.org.

Let Your Creative Spirit Fly High for Trinity 250th Anniversary: Love to draw or paint? Have a creative mind? Then the 250th Anniversary Committee needs you to design a logo that will be used to commemorate Trinity's semiquincentennial throughout the year on items ranging from church bulletins to ornaments, t-shirts to ball caps. Our congregation will vote for the winning design! Remember our scripture inspiration is Jeremiah 29:11 and our tagline: 250 Years of Looking Upward and Pushing Forward. Artwork must be submitted as a digital file and emailed to Liz Williams (wizzerfly@gmail.com) by September 1, 2023.

TRINITY CHURCH'S WEEKLY NEWS

Invitation for Worship Volunteers: Are you interested in becoming more involved in Trinity's worship? If you have a desire to serve as a liturgist, a communion server, an usher, a greeter, an acolyte (youth 7 – 13 years), to assist the AV team with bringing our worship service to those online or to create beautiful arrangements for our altar, we would love to hear from you! If you have questions about these roles, or would like to sign up to be a liturgist or communion server, please reach out to Susan Collins, Chair of Worship at collinssv@aol.com. If you would like to sign up to be an usher or greeter, please contact, Head Usher, Lucelle O'Flaherty at 703-408-4008. If your child would be interested in signing up to acolyte, contact Jen Bemisderfer at jenbemisderfer@gmail.com. The Flower Committee would love to share their talents with you, to join contact, Mary Beth Buchholz at marybeth@freespiritfloral.com. Maybe the AV team peaks your interest, contact our Program Director, Hannah Day Donoghue at programdirector@trinityalexandria.org. Serving is fulfilling! Remember, "God does not call the qualified, but he does qualify the called."

Offering Counters Needed: How many Methodists does it take to count the offering? Not a trick question! Prior to March 2020, Trinity had a crew of dedicated counters who stayed after the Sunday service to count that week's offering. With the return of regular Sunday worship, it is time to restart counting on Sundays. The task is relatively simple, to record the donations and to count and total the proceeds. Step-by-step instructions will be provided and hands-on training is available. If you can stay after church for 20-30 minutes to work with two other counters, roughly once a month or have questions, contact our Head Counter, John Cardone at cardonej@yahoo.com.

Reserve Altar Flowers Today! We encourage our church family to reserve altar flowers in honor or in memory of a loved one by sending an email to the Church Office at office@trinityalexandria.org. After worship, the flowers are yours to take home or share with a loved one. The suggested donation is \$65 to the Trinity Flower Fund to cover the cost of flowers and supplies. We are currently scheduling for the summer and fall. If you have any questions, contact Mary Beth Buchholz at marybeth@freespiritfloral.com.

Prepare for the privilege of voting! This fall, Virginia residents 18 and older will have the privilege to vote in our state and local elections. All 100 seats of the Virginia General Assembly and all 40 seats of the Virginia State Senate will be up for election. Although the City of Alexandria does not have any municipal elections this year, many other cities and counties will have local candidates running for local offices. To register to vote, change your address or request an absentee ballot (must have a driver's license or DMV issued identification to register online) visit: vote.elections.virginia.gov/VoterInformation. For further information contact Mary Beth Buchholz, Chair of the Social Justice Committee: marybeth@freespiritfloral.com.

A Special Invitation to Join Trinity's Music Program: We offer many opportunities to share your talents here at Trinity. If you sing or ring, there is a place for you in our program. Please join us for music-making, fellowship and spiritual enrichment. Contact Linda Cancellieri, Director of Music, with any questions at music@trinityalexandria.org.

Centering Prayer meets weekly on Wednesdays from 6:00 PM to 7:00 PM, via Zoom. Centering Prayer is a 20 minute practice to sit in quiet prayer to make ourselves open to God. A reading is shared by the leader with a short discussion prior to the prayer time. For more information contact, Alva Smircina: asmircina@gmail.com.

Trinity Preschool seeks Classroom Helper! Trinity Preschool is seeking an enthusiastic classroom helper in our 3-year-old program. Candidates will possess a high school diploma/GED (or higher) and experience working in childcare or a classroom setting. Preferred qualifications: CPR and First Aid Certification. Experience working in a play-based environment. Responsibilities include providing a safe, stimulating, and welcoming environment for the children. Assisting the teachers with implementing an age-appropriate curriculum. Interacting with and supervising individuals and groups of children. Be prepared to substitute in the absence of a teacher. Maintain current First Aid/CPR Certification. Hours are 9:00 AM-12:00 PM Monday to Friday. For more information or to apply, contact preschool@trinityalexandria.org.

TRINITY CHURCH'S UPCOMING EVENTS

Sunday, August 20th

9:15 AM Acts of Grace Small Group in the Connecting Room
10:45 AM Nursery in room 105
11:00 AM Worship in-person and online via Facebook Live and Trinity Website

Wednesday, August 23th

6:00 PM Centering Prayer via Zoom
6:30 PM Trinity Ringers Rehearsal in the Sanctuary

Thursday, August 24th

12:00 PM Amazing Gray's Lunch in the Fellowship Hall

Saturday, August 26th

Youth Group Trip to King's Dominion

Sunday, August 28th

10:45 AM Nursery in room 105
11:00 AM Worship in-person and online via Facebook Live and Trinity Website - Blessing of the Backpacks

Save the Dates:

Sunday, September 10th Fall Kick-Off Lunch & Ministry Fair at Noon in the Fellowship Hall & Courtyard
Sunday, September 24th Coffee with Pastor Grace 9:30 AM in the Connecting Room
Saturday, September 30th Blessing of the Animals 9 AM in the Courtyard



The Welcome Statement of Trinity United Methodist Church is:

"Whoever welcomes you welcomes me, and whoever welcomes me welcomes the one who sent me." Matthew 10:40

Trinity United Methodist Church is committed to be a congregation of Open Hearts, Open Minds and Open Doors. We believe all people are of sacred worth and dignity as part of God's creation and as demonstrated by the life and ministry of Jesus Christ. As God's love extends to all, we welcome everyone without exception, regardless of age, race, ethnicity, gender, family structure, socio-economic or marital status, sexual orientation, gender identity, physical or mental ability, faith history or life experience. We recognize that we are all different, and those differences make us a stronger community of faith as we worship together to grow in our relationship with God and one another.

The Mission of Trinity United Methodist Church is:

Building a strong Christian community to find, share, and celebrate the love of Christ in our hearts, neighbors and our world.



Trinity United Methodist Church
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Alexandria, VA 22302

Phone: (703) 549-5500 | Fax: (703) 549-7410

Church Office hours: Monday - Friday 9 AM - 5 PM

Find us on the Web: www.trinityalexandria.org | Facebook: [Trinity UMC-Alexandria](https://www.facebook.com/TrinityUMC-Alexandria)

Trinity United Methodist Church Staff

Pastor
Director of Music
Program Director
Head of Operations, Trinity Preschool
Office Manager
Facility Manager

Rev. Grace Han
Linda Cancellieri
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